

KINNAIRD TROPHY

100m A, 1 Ben Richardson Ach 11.1, 2 Neil Francis B&B 11.1, 3 David Cook HW 11.2, 4 Farren Griffiths-Moore E&E 11.3, 5 James Heptonstall K&P 11.4, 6 Delroy Mitchell TVH 11.5, **100m B + n/s**, 1 Kelvin Callender (U20) n/s Reading 11.2, 2 Chris Hall(U20) K&P 11.4, 3 Darryn Campbell n/s Team Southampton 11.5, 4 Dan Putnam B&B 11.5, 5 Deji Allen HW 11.7, 6 Max Clarfelt(U20) n/s Ach 11.8, 7 Dave Gardiner Ach 12.0, 8 Mark Ponsford(U20) n/s Ach 12.0, **100m N/S**, 1 Gareth Price Team Southampton 11.1, 2 Royden John HW 11.2, 3 Oore Sokoya(U20) K&P 12.0, 4 Mike Mason K&P 12.1, 5 Jake Budd(U17) K&P 12.2, 6 Patrick Hillyer(U17) K&P 12.6, 7 Joel Taylor Ach 12.7,

200m A+B, 1 Ben Richardson Ach 22.5, 2 Dwayne Dowding HW 22.7, 3 Neil Francis B&B 22.9, 4 Chris Hall(U20) K&P 23.2, 5 James Heptonstall K&P 23.3, 6 Kieran Millar Ach 23.4, 7 Deji Allen HW 23.9, **200m N/S R1**, 1 Kelvin Callender (U20) Reading 23.0, 2 Mark Ponsford(U20) Ach 24.1, 3 David Gardiner Ach 24.4, 4 Ka Chuen To HW 24.7, 5 Charlie Rometo Ach 25.3, 6 Jake Budd(U17) K&P 25.6, 7 Alan James Ach 25.8, 8 Mike May(V45) K&P 27.9, **200m N/S R2**, 1 Gareth Price Team Southampton 22.9, 2 Darryn Campbell Team Southampton 23.2, 3 Dave Taylor K&P 23.4, 4 Toby Ulm(U20) K&P 23.4, 5 Adam Bellis K&P 23.6, 6 Grant Sterling Ach 24.2, 7 Oore Sokoya(U20) K&P 24.6, 8 David Whittaker(V60) E&E 29.8

400m A + n/s, 1 Steve Johnson WSEH 49.2, 2 Toby Ulm(U20) K&P 49.2, 3 Dan Putnam B&B 50.7, 4 Jamie McCullagh n/s K&P 51.1, 5 Joss Garnier E&E 51.4, 6 Andy Owen Ach 51.5, 7 Matt Parsons HW 51.7, 8 Toby Sandeman TVH 51.7, **400m B + n/s**, 1 Dave Taylor K&P 49.8, 2 Louis Phiri TVH 51.6, 3 Matt Threadgold E&E 51.8, 4 Aston Stockdale B&B 52.2, 5 Jeff Bond WSEH 52.2, 6 Mo Agboke HW 52.6, 7 Frank Hutton-Williams Ach 52.7, 8 Alex Jackson(U20) n/s E&E 55.4, **400m N/S R1**, 1 Delroy Mitchell TVH 51.2, 2 Adam Bellis K&P 51.6, 3 Maris Kuklis K&P 52.0, 4 Pete Moloney TVH 54.3, 5 Hugh Gallagher(U20) TVH 54.5, **400m N/S R2**, 1 Jason-Louis Bernard K&P 52.5, 2 Richard Smeaton(U17) K&P 54.7, 3 Mark Butler(V45) E&E 57.7, 4 Claire Heafford(SW) Shaftesbury B 60.1,

800m A, 1 Andy Owen Ach 1.55.7 (RS Hawkes Trophy), 2 Lee Taylor SMR/GIB 1.57.4, 3 Alex Tovey WSEH 1.59.7, 4 Alex Jackson E&E 2.05.2, 5 Tim Sagar(U20) K&P 2.07.6, 6 Deon Coetzee HW 2.09.0, **800m B + n/s**, 1 Lee Harper Ach 2.02.7, 2 Alex Hawkins n/s E&E 2.04.9, 3 Mark Alder E&E 2.07.0, 4 Tom Barbour WSEH 2.08.5, 5 Aljosa Isakovic(U17) K&P 2.14.7, 6 Steve Hadley HW 2.15.6, 7 Andrew McDonald n/s E&E 2.18.7

1500m A+B+n/s, 1 Gary Bradbury n/s Woking 4.02.0, 2 Nathan White WSEH 4.08.9, 3 Ron Taylor K&P 4.16.5, 4 Alex Byrne E&E 4.28.8, 5 Bomene Barikor B&B 4.33.6, 6 Claire Day(SW) Ach 4.45.3, 7 Steve Hadley HW 4.56.5, 8 Anair Beverley(SW) Ach 5.21.7,

3000m A+B+n/s, 1 Alex Hawkins E&E 9.17.3, 2 Deon Coetzee HW 9.51.1, 3 Lee Harper Ach 9.55.8, 4 Emily Nelson(SW) E&E 9.58.0, 5 John Bowers WSEH 10.00.3, 6 Jamie Brinning Ach 10.10.0, 7 Marcus Sherwood(V40) n/s E&E 10.12.2, 8 Ant Budarkiewicz(V45) K&P 10.16.5, 9 Chris Morris n/s Ach 10.20.9, 10 Andrew McDonald n/s E&E 10.39.2, 11 Charles Lutz Ach 10.41.0, 12 Sean Franks WSEH 10.48.4, 13 Bill Arbury n/s E&E 10.48.9, 14 Cameron Smart n/s WSEH 11.07.6, 15 Peter Giles(V60) HW 11.08.1,

110m Hurdles A+B+n/s, 1 Ben Richardson Ach 15.3, 2 James Parker E&E 15.7, 3 Matt Field(U20) K&P 16.2, 4 Mike Collins n/s Ach 16.3, 5 Austin Ferns HW 16.6, 6 Grant Sterling Ach 16.7,

400m Hurdles A, 1 Austin Ferns HW 53.6, 2 Ed Harrison B&B 55.6, 3 James Parker E&E 56.2, 4 Hugh Gallagher TVH 60.8, 5 Sean Franks WSEH 62.7, 6 Mike Mason K&P 63.5, 7 Charlie Rometo Ach 63.6, **400m Hurdles B**, 1 Steve Davies HW 56.9, 2 Matt Field(U20) K&P 57.4, 3 Bilen Ahmet Ach 64.6,

2000m Steeplechase A+B, 1 Alex Bruce-Littlewood HW 6.24.2, 2 Andy Arbour K&P 6.50.4, 3 Jamie Brunning Ach 7.08.5, 4 Sean Franks WSEH 7.13.7, 5 Chris Morris Ach 7.38.5,

4 x 100m Relay, 1 Achilles 44.0, 2 HW 44.6, 3 K&P 45.2, 4 E&E 46.4, 5 Ach n/s 46.4,

4 x 400m Relay, 1 Achilles 3.20.5, 2 K&P 3.27.7, 3 E&E 3.48.5, 4 Achilles n/s 3.49.9,

KINNAIRD TROPHY RESULT 2007: 1 ACHILLES 225, 2 KINGSTON & POLY 172, 3 HERCULES WIMBLEDON 155, 4 EPSOM & EWELL 136, 5 WINDSOR,SLOUGH,ETON & H 92, 6 BLACKHEATH & BROMLEY 78, 7 THAMES VALLEY 31, 8 ST MARYS RICHMOND 14.

SWARD TROPHY

Shot A, 1 Kyle Stevens K&P 14.36, 2 Mike Collins Ach 12.08, 3 Steve Sammut WSEH 12.04, 4 Paul Derrien SMR 11.91, 5 Mark Alden E&E 8.62, 6 Royden John HW 8.60, 7 Paul Sutherland(V40) B&B 7.75, **Shot B**, 1 Adam Richardson SMR 11.05, 2 Mike Conerney Ach 10.04, 3 Humphrey Waddington K&P 8.75, 4 Matt Townsend WSEH 8.60, 5 Graham Lowe E&E 7.84, **Shot n/s**, Andy Wheble Ach 10.50,

Discus A, 1 Felice Miele HW 44.64, 2 Michael Conerney Ach 42.98, 3 Kyle Stevens K&P 38.19, 4 Paul Derrien SMR 37.09, 5 Steve Sammut WSEH 35.53, 6 Paul Sutherland(V40) B&B 20.83, **Discus B**, 1 Andy Wheble Ach 35.63, 2 Adam Richardson SMR 32.79, 3 Matt Townsend WSEH 31.68, 4 John Brown HW 26.91, 5 Humphrey Waddington K&P 26.53, **Discus n/s**, Grant Sterling Ach 22.78,

Hammer A, 1 Steve Sammut WSEH 55.77, 2 Gareth Cook K&P 54.03, 3 Gavin Cook TVH 48.25, 4 Paul Derrien SMR 45.23, 5 Andy Wheble Ach 30.40, 6 John Brown HW 28.34, 7 Graham Lowe E&E 23.59, **Hammer B**, 1 Alan James WSEH 49.31, 2 Kyle Stevens K&P 47.33, 3 Adam Richardson SMR 35.84, 4 Felice Miele HW 23.79, Charlie Rometo Ach n/t,

Javelin A, 1 Felix Hatton K&P 62.06, 2 Mike Collins Ach 42.43, 3 Paul Derrien SMR 41.40, 4 Felice Miele HW 38.74, 5 Steve Sammut WSEH 38.24, 6 Paul Sutherland(V40) B&B 31.90, 7 Graham Lowe E&E 31.40, **Javelin B**, 1 Chris Dack K&P 58.73, 2 Jeff Bond WSEH 37.86, 3 Royden John HW 34.19, 4 Adam Richardson SMR 33.22, 5 Andy Wheble Ach

32.68, 6 Bomene Barikor B&B 29.00, **Javelin n/s**, Humphrey Waddington K&P 42.45, Les Hatton(V55) K&P 37.82, Grant Sterling Ach 35.24.

High Jump A , 1 Cameron Lake WSEH 1.95 , 2 Prathamesh Kaneri(U20) K&P 1.8 , 3 Grant Sterling Ach 1.65 , **High Jump B** , 1 Graham Cole WSEH 1.75 , 2 Bilen Ahmet ACH 1.5 , 3 Humphrey Waddington K&P 1 , n/s , Ray Shortte WSEH 1.65 , Royden John HW no/ht ,

Pole Vault A , 1 Greg Conlon TVH 4.1 , 2 Steve Walker(U20) WSEH 4 , 3 Mike Collins Ach 3.6 , 4 Gordon Lester(U17) K&P 3.6 , 5 Adam Boshier(U20) E&E 3.4 , 6 Royden John HW 3 , 7 Jim Day(V70) B&B 2 , **Pole Vault B** , 1 Iain Grierson WSEH 3.2 , 2 Bilen Ahmet Ach 3.2 , 3 Dominic Getting HW 2.8 ,

Long Jump A , 1 David Cook HW 6.88 , 2 James Heptonstall K&P 6.66 , 3 Mike Collins Ach 6.05 , 4 Marcus Morrison B&B 5.86 , 5 Ray Shortte WSEH 5.69 , 6 Mark Alden E&E 5.02 , **Long Jump B** , 1 Royden John HW 6.58 , 2 Chris Hall K&P 6.46 , 3 Graham Cole WSEH 5.65 , 4 Paul Sutherland(V40) B&B 5.46 , 5 James Osunsanmi Ach 5.41 , 6 Graham Lowe E&E 4.25 , n/s , Grant Sterling Ach 6.28 , Ho Chuen Zo HW 5.88 , Patrick Hillyer(U17) K&P 5.36 ,

Triple Jump A , 1 Marcus Morrison B&B 13.59 , 2 Grant Sterling Ach 13.05 , 3 Patrick Hillyer(U17) K&P 11.45 , 4 Iain Grierson WSEH 10.86 , **Triple Jump B** , 1 James Osunsanmi Ach 12.72 , 2 Steve Walker(U20) WSEH 10.7 , 3 Paul Sutherland(V40) B&B 10.29 , n/s , Bilen Ahmet Ach 11.59

SWARD TROPHY RESULTS: 1, KINGSTON AND POLY; 2, ACHILLES