THE ACHILLES CLUB

2016-2017

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FIXTURES 2017

4th March at Lee Valley -
Varsity Cambridge Field Events and Relays

8th April at New Haven, USA - Oxford & Cambridge v Harvard & Yale

9th April at Newham –
London Universities Meeting

15th April at Philadelphia, USA - Oxford & Cambridge v Penn & Cornell

22nd April at Kingston-upon-Thames –
Kinnaird & Sward Meetings

13th May at Cambridge – Achilles Dinner
14th May at Cambridge – Varsity Match
24th June at Allianz Park – LICC 1
29th July at Allianz Park – LICC 2
6th August at Cambridge –
Achilles v Tokyo U.
Achilles BBQ
26th August at Allianz Park – LICC 3

TROPHIES AMNESTY!

Several inter-Varsity trophies are missing, including two of the irreplaceable Relays Match silver batons, two colourful Seoul batons, the original Paul Gomme Trophy (a very hefty bronze sculpture—it must be somewhere!), and a couple of silver cups.

If you are aware that you have been inadvertently hoarding one, please get in touch with paul.willcox@achilles.org

Caught at the Hawks—Hemery, Collins, Willcox, Waddington, Bray, Roberts
The respect and affection in which Chris Thorne has been held by CUAC and Achilles members for over 50 years was demonstrated by the enthusiasm with which members of all ages celebrated his continued close involvement in the day to day operation of the sport, as an administrator, timekeeper, statistician and archivist.

I would very much like to note my appreciation of Chris’s involvement with us somewhat gauche and trying (and talented!) young people over the years, for his staying power and encouragement in the heat of the battle.

Yours appreciatively

Martin Winbolt-Lewis
(1966-9)

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Dinner in Honour of Chris Thorne
26th November 2016

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Kinnaird & Sward Trophies Meeting
2nd April 2016

This was a milestone for these historic trophies, in that women contested the meeting officially for the first time. As usual we would have done rather better had not so many of our members been competing for the hosts....

400mH (A) 1 Ronan Llyr 61.7, 400mH (B) 1 Bilen Ahmet KACPH 71.4, 100 (A) 1 Isaac Kitchen-Smith 11:00, 100 (B) 2 Ife Adegba 11.8, n/s Bilen Ahmet KACPH 12.6, 2000m S/C (A) 1 Danny Ekersley KACPH 06:09.4, 2000m S/C (B) 1 Bilen Ahmet KACPH 07:59.7, 110H (B) 1 Bilen Ahmet KACPH 19.2, 400m (A) 1 James Brooks 50.5, 400m (B) 1 Hugh Baker 52.9, 1500m (A) 1 James Coxon 04:13.7, 3 Jonathon Darby KACPH 04:20.5, 200m (A) 1 Isaac Kitchen-Smith 22.3, 200m (B) 1 William Morris 22.9, 3000m (A) 4 Andy Robinson MSO KACPH 09:47.1, 800 (A) 1 Fiona De Mauny 2.19.7, 100 (A) 2 Sam Rawlinson 13.3, 100H(A) 1 Freya Shearer 16.5, 200m (A) 3 Freya Shearer 28.1, Hammer B 1 Andy Wheble KACPH 36.64, Hammer n/s Bilen Ahmet KACPH 23.59, Pole Vault A 1 Bilen Ahmet KACPH 3.51, Long Jump B 1 Humphrey Waddington KACPH 6.54, Long Jump n/s Bilen Ahmet KACPH 5.70m, High Jump A 1 Chris Little 1.85m, 2 Humphrey Waddington KACPH 1.70m, High Jump B 1 Bilen Ahmet KACPH 1.65m, Discus B 1 Andy Wheble KACPH 33.77, Triple Jump A 1 Humphrey Waddington KACPH 13.87, Triple Jump n/s Bilen Ahmet KACPH 11.93, Javelin A Arran Davis 53.34, 1 Humphrey Waddington KACPH 42.58, Javelin B David Korqynski 47.60, 1 Andy Wheble KACPH 40.04, Hammer A 2 Anna Niedbala 44.06, Long Jump A 3 Hannah Church 3.36, Discus A 1 Anna Niedbala 40.35, Discus B 2 Emmaline Okafor 21.87, Shot A 2 Anna Niedbala 11.47, Shot B 2 Emmaline Okafor 9.01.
Hilliary Lissenden has been appointed a Director of England Boxing. Hillary, a CUAC sprints Blue, is a regional grade referee and a national grade judge for England Boxing, as well as having written two books on boxing fitness.

Hatti Archer made a very welcome return to international competition with 10th place in the World Mountain Running Championships in Bulgaria.

Varsity discus record holder and Olympic rowing bronze medallist Sarah Winckless has been appointed England’s Chef de Mission for the 2018 Commonwealth Games at Gold Coast.

Richard White won silver in the M55 400H and bronze in the 400 flat at the Masters World Championships in Perth, Australia.

Former OUAC President and 5 time Olympian Tim Berrett has been inducted into Athletics Canada’s Hall of Fame.

Tim grew up in England, and after emigrating represented Canada in the race walk at five Olympic Games in a row beginning in 1992 through to the 2008 Games in Beijing. His career also included nine IAAF World Championships and a bronze medal at the 2002 Commonwealth Games. He now currently sits on the Athletics Canada Board of Directors and also stays involved in the sport by delivering grassroots clinics in Edmonton area schools.

**UK Rankings 2016**

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Varsity Field Events and Relays Matches
Lee Valley Sports Centre, London  5 March 2016

Men’s relays, all indoors (Cambridge win 4-2)

60m (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)
Race 1  P. Barron (C) 7.08, I. Kitchen-Smith (O) 7.08, J. Brooks (C) 7.17, W. Morris (C) 7.17, J. Paget (O) 7.58
Race 2  C. Gillespie (C) 7.29, I. Adepegba (C) 7.49, J. Leung (O) 7.51, A. De Maille (C-guest) 7.53, I. Shevlin (O) 7.53, H. Salt (O) 7.84
Cambridge total times 28.71, Oxford total times 29.70

4x200m
Cambridge (J. Brooks 23.0, C. Gillespie 22.3, J. Evans 22.3, W. Morris 22.7) 1:30.25

4x400m
Cambridge (J. Brooks 50.2, Z. Howe 51.1, S. Cheli 50.4, J. Evans 49.6) 3:21.30
Oxford (I. Kitchen-Smith 52.1, W. David 50.6, L. Gardner 49.6, H. Fleming 50.1) 3:22.41

4x800m
Cambridge (J. Coxon 2:02.0, Z. Howe 1:54.1, R. Kisel 1:55.3, S. Cheli 1:56.4) 7:47.80
Oxford (H. Baker 2:01.3, N. Mappenley 1:58.6, M. Weatherseed 1:58.9, H. Fleming 2:06.1) 8:04.85
Cambridge “B” (R. Ewen 2:02.6, xD. Jacques 2:15.5) did not finish a team

4x1500
Oxford (M. Weatherseed 4:14.8, L. Cotter 4:04.9, R. Will 4:09.1, A. Howard 4:09.2) 16:38.03

60m hurdles (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)
Race 1  A. Stanley (C) 9.09, D. Luke Smith (C) 9.50, R. Hu (O) 9.56, T. McQuillan (O) 9.68
Race 2  H. Salt (O) 9.53, R. Wu (O) 10.51, G. Goh (C) 10.68, S. Hoyle (C) 10.75
Oxford total times 39.28, Cambridge total times 40.02

Men’s field events (Cambridge win 6-2)

High Jump, indoors
Cambridge (A. Stanley 1.83, T. Marino 1.75, C. Little 1.75, S. Hoyle 1.70) 7.03
Oxford (D. Kelly 1.60, R. May 1.60, C. Britto 1.50, E. Leonce 1.50) 6.20

**Pole Vault, indoors**
Cambridge (Q. Gouill 4.20, F. Bunbury 4.10, K. Jensen 3.70, N. Jose 3.50) 15.50 record
Oxford (R. May 3.90, C. Day 3.10, K. Aina 2.70, J. Paget 2.50) 12.20

**Long Jump, indoors**

Guest: D. Buisson (C) 5.23

**Triple Jump, outdoors**
Oxford (C. Britto 14.50, A. Wheeler 13.58, T. McQuillan 11.73) 36.81
Cambridge (A. Bates 1.61, C. Boughton 1.55, L. Jensen 1.50) 7.55

**Shot Putt, indoors**
Oxford (E. Brown 16.00, T. Gimre 15.75, E. Decamp 15.42) 46.17
Cambridge (R. Taylor 16.00, F. Brown 15.75, E. Decamp 15.42) 46.17

200m hurdles (run as 2 heats, with the 4 best, of 5)
Race 1: Cambridge
Race 2: Oxford

3 x 1500m
2. Cambridge (R. Moore 5:06.0, P. Crosby 5:12.5, C. Beckett 5:20.2) 15:37.75
3. Oxford (B. Murray 5:12.5, T. Gimre 5:22.6, D. Batchelor 5:08.9) 15:37.75

5000m

60m hurdles (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)
Race 1: Cambridge
Race 2: Oxford

3 x 800m
2. Cambridge (I. Barnes 2:29.6, M. Evagore 2:30.2, T. McQuillan 2:30.7) 7:13.93

4 x 400m
1. Oxford (M. Pennant 41.23, E. Lane 41.23, E. Bell 41.23, F. Hamilton 41.23) 166.90
2. Cambridge (M. Pennant 41.23, E. Lane 41.23, E. Bell 41.23, F. Hamilton 41.23) 166.90
3. Oxford (M. Pennant 41.23, E. Lane 41.23, E. Bell 41.23, F. Hamilton 41.23) 166.90
4. Cambridge (M. Pennant 41.23, E. Lane 41.23, E. Bell 41.23, F. Hamilton 41.23) 166.90

Women’s field events (Oxford win 5 - 3)

**High Jump, indoors**
Cambridge (A. Bates 1.61, C. Boughton 1.55, L. Crossman 1.45, S. Francis 1.30) 4.61
Oxford (K. Davies 1.50, I. Downing 1.40, E. Roberts 1.30, I. Buchok 1.20) 4.20
Guests: F. Hamilton (C) 1.40, E. Bell (C) 1.35

**Pole Vault, indoors**
Oxford (S. Amabilino 3.00, S. Rawlinson 2.50, I. Downing 2.05, G. Ellis 1.75) 7.55
Cambridge (I. Mulliner 2.75, J. Vymeris 2.35, R. Martin 2.20, R. Markham 2.05) 7.30

**Long Jump, indoors**
Cambridge (L. Andrews 5.11, M. Meju 5.00, C. Rixon 4.85, F. Brown 4.51) 14.92
Guest: I. Charlton (C) 3.20

**Triple Jump, indoors**
Oxford (C. Sear 10.09, M. Boyce 10.06, A. Wilson 8.97, K. Hannwin 8.96) 29.12

**Shot Putt, indoors**
Cambridge (F. Brown 11.87 record, E. Lane 9.53, E. Okafor 8.12, Roisin Taylor 6.70) 29.52

**Discus, outdoors**
Oxford (A. Niedbala 37.72, K. Holder 24.54, H. Nelson 23.44, I. Watson 18.80) 85.70

**Hammer, outdoors**
Oxford (A. Niedbala 42.00, M. Brett 38.23, K. Holder 25.10, H. Nelson no throws) 105.33
Cambridge (R. Taylor 33.05, E. Okafor 21.41, C. Pacini 18.63) 73.09

**Javelin, outdoors**
Oxford (I. Coutts 36.78, E. Hoogkamer 34.04, K. Davies 31.68, B. Bridgeman 25.37) 102.50
Cambridge (E. Lane 33.74, F. Brown 31.34, L. Harvey-Kelly 25.32) 90.40
**The Varsity Match**

**Men’s Blues Match**

**100m** Isaac Kitchen-Smith (O) 11.19, William Morris (C) 11.22, Paul Barron (C) 11.28, Alex Grundmann (O) 11.51

**200m** James Brooks (C) and Josh Evans (C) equal 22.34, Isaac Kitchen-Smith (O) 22.44, Alex Grundmann (O) 22.90

There was no wind gauge for track events; but at the horizontal jumps there were 169 wind readings, all but 7 being below 2mps. The 7 all showed as following winds which, since the jumps were in the opposite direction to the sprints, suggests that there would have been mild head winds for the latter.

**400m** Josh Evans (C) 49.99, James Brooks (C) 50.40, William David (O) 51.02 [Hugo Fleming (O) DNF]

**800m** Zac Howe (C) 1:51.07, Louis Rawlings (O) 1:52.60, Hugo Fleming (O) 1:53.17, Sebastian Cheli (C) 1:53.45

**Mile** Josh Carr (C) 4:06.96, William Christofi (O) 4:10.60, William Pinder (C) 4:14.29, Miles Weatherseed (O) 4:19.07

**5000m** Phillip Crout (C) 14:45.42, Will Ryle-Hodges (O) 14:50.33, Oliver Fox (C) 14:54.06, Miles Unterreiner (O) 15:02.27

**110m hurdles** Liam Eagle (O) 16.03, Elliott Baines (C) 16.17, Alastair Stanley (C) 16.86, Harry Salt (O) 17.07

**200m hurdles** Alastair Stanley (C) 26.04, Liam Eagle (O) 26.43, Patrick Calver (C) 27.07, Louis Gardner (O) 27.60

**400m hurdles** Alastair Stanley (C) 55.48, Louis Gardner (O) 55.64, Ronan Llyr (O) 58.23, Daniel Brock (C) 60.19

**3000m steeplechase** Alexander Howard (O) 9:13.60, Rich Ollington (C) 9:18.16, Aidan Smith (O) 9:19.69, George Gathercole (C) 9:25.35

**High Jump** Nithesh Ranasinha (O) 1.95, Chris Little (C) 1.90, Ethan Sorrell (C) 1.90, George Vaughan (O) 1.80

**Pole Vault** Rowan May (O) 4.30, Quentin Gouill (C) 4.20, Freddy Bunbury (C) 4.00, Kit Aina (O) 2.50

**Long Jump** Sandy Macaulay (O) 6.85 (w 0.0), Elliott Baines (C) 6.76 (w 0.0), A. Terblanche (O) 5.85 (w 0.0), Quentin Gouill (C) 5.81 (w 0.0)

**Shot** Jack Paget (O) 12.41, Nicholas Roberts-Huntley (O) 11.91, Christian Nnochiri (C) 11.71, Jacob Lange (C) 10.50

The Drake-Digby Trophy for the best performance in the Mens’ Match: **Tom Parker** (C)

The Susan Dennler Trophy for the best performance in the Women’s Match: **Caroline Hilley** (C)

The Le Touquet Trophy, for the most improved athlete during 2015-16: **Laura Andrews** (C)

The Paul Gomme Trophy, for the best throwing performance of the season: **Anna Niedbala** (O)

The Achilles Trophy, for outstanding contribution to Oxbridge athletics: **Louis Rawlings** (O)

The Steven Stuart Trophy, for the most notable second-team performance: **Emmaline Okafor** (C)

Discus Nicholas Roberts-Huntley (O) 39.61, Alastair Stanley (C) 37.47, Jack Paget (O) 37.31, Tom Parker (C) 30.67

See [https://vimeo.com/186034947](https://vimeo.com/186034947) for Chris Bryant’s video compilation
Hammer  Tom Parker (C) 63.18, Jacob Lange (C) 59.68, Nicholas Roberts-Huntley (O) 36.25, Jack Paget (O) 21.99
Javelin  Justas Dauparas (C) 56.12, Arran Davis (O) 52.36, David Korczynski (O) 48.01, Nikil Raju (C) 47.39
4 x 100m relay  Cambridge (Barron, Morris, Brooks, Gillespie) 42.68, Oxford (Macaulay, Kitchen-Smith, Shevlin, Grundmann) 43.14
4 x 400m relay  Oxford (Newton 52.2, David 50.6, Gardner 50.4, Rawlings 50.9) 3:24.06, Cambridge (Brooks 52.4, Cheli 50.3, Ewen 50.4, Evans 50.4) 3:26.99
Result: Cambridge 109, Oxford 102

Women’s Blues Match

100m  Maxine Meju (C) and Katie Hannawin (O) equal 12.30, Hephzibah Adeosun (C) 12.47, Samantha Rawlinson (O) 13.14
200m  Katie Hannawin (O) 25.93, Caroline Johnson (C) 26.03, Hephzibah Adeosun (C) 26.39, Nicole McKechnie (O) 26.76
400m  Caroline Johnson (C) 57.55, Nicole McKechnie (O) 58.66, Alice Flint (C) 61.01, Rosie Barker (O) 61.15
800m  Rachel Skokowski (O) 2:20.64, Emily Ruane (C) 2:20.82, Rebecca Robinson (O) 2:23.61, Ella Hughes (C) 2:23.64
Mile  Kate Curran (C) 5:06.96, Ella Hughes (C) 5:11.78, Rebecca Esselstein (O) 5:18.47, Rachel Skokowski (O) 5:31.17

5000m  Sophia Staller (O) 17:28.10, Katy Hedgethorne (C) 17:40.53, Bethanie Murray (O) 17:44.82, Elisabeth Apsley (C) 17:45.40

100m hurdles  Caroline Hilley (C) 14.90, Claire Sear (O) 15.62, Freya Shearer (O) 15.98, Eleanor Duck (C) 17.05
400m hurdles  Caroline Hilley (C) 62.28, Freya Shearer (O) 65.26, Gladys Ngetich (O) 65.70, Alice Flint (C) 65.98
2000m steeplechase  Priya Crosby (C) 7:10.65, Dani Chattenton (O) 7:17.30, Florence Stansall-Seiler (C) 7:19.79, Camilla Elvidge (O) 7:32.45
High Jump  Annabel Bates (C) 1.66, Carys Boughton (C) 1.50, Kate Davies (O) 1.50, Abigail Ashford (O) 1.45
Pole Vault  Sylvia Amabilino (O) 3.30, Samantha Rawlinson (O) 2.80, Imogen Mulliner (C) 2.70, Rebecca Martin (C) 2.60
Long Jump  Laura Andrews (C) 5.62 (w 0.0), Maxine Meju (C) 5.25 (w 0.0), Claire Sear (O) 5.13 (w 0.0), Kate Davies (O) 4.97 (w 0.0)
Triple Jump Maxine Meju (C) 11.06 (w 0.0), Chloe Rixon (C) 10.59 (w 0.0), Melanie Boyce (O) 10.40 (w 0.0), Claire Sear (O) 10.31 (w 0.0)

Shot Isabel von Loga (O) 12.23, Fiona Brown (C) 11.33, Katie Holder (O) 10.79, Ellie Lane (C) 9.69

Discus Anna Niedbala (O) 44.25, Fiona Brown (C) 29.71, Helen Bridgman (O) 27.03, Roisin Beck-Tayler (C) 20.19

Hammer Maria Brett (O) 45.38, Anna Niedbala (O) 38.30, Roisin Beck-Taylor (C) 32.30, Hepsibah Adeosun (C) 12.95

Javelin Kate Davies (O) 38.04, Isabella Coutts (O) 35.68, Ellie Lane (C) 35.18, Fiona Brown (C) 28.37

4 x 100m relay Cambridge (Duck, Meju, Adeosun, Johnson) 49.39, Oxford (Sear, Hannawin, McKechnie, Rawlinson) 50.11

4 x 400m relay Cambridge (Hilley 59.4, Cook 62.8, Marriott 62.2, Johnson 60.1) 4:04.53, Oxford (Barker 64.5, Skokowski 61.0, Hoogkamer 64.5, McKechnie 60.8) 4:10.72

Result: Cambridge 104, Oxford 97

Men’s Second Team Match (Oxford Centipedes v Cambridge Alverstone)

100m Clayton Gillespie (C) 11.50, Ife Adepegba (C) 11.73, Ian Shevlin (O) 11.83, Callum Munday (O) 12.18

200m Clayton Gillespie (C) 23.19, Matthew Newton (O) 23.37, Ian Shevlin (O) 23.59, Austin de Maille (C) 23.63

400m Rasmus Kisel (C) 50.46, Austin de Maille (C) 50.88, Matthew Newton (O) 50.91, Hugh Baker (O) 52.14

800m Rasmus Kisel (C) 1:55.23, Nathan Mapperley (O) 1:59.13, Hugh Baker (O) 1:59.61

Mile Luke Cotter (O) 4:23.28, Michael Constante (O) 4:25.41, James Coxon (C) 4:28.15, MacGregor Cox (C) 4:38.52

5000m (run with Blues race) Jamie Parkinson (O) 15:12.37, Luuk Metselaar (O) 15:24.68, Kelvin Gomez (C) 15:31.69, Paddy Roddy (C) 16:05.56

110m hurdles Luke Smith (C) 17.43, Thomas McQuillin (O) 17.49, Sachin Raoul (C) 18.62, Rocco Hu (O) 19.98

200m hurdles Sam Charlwood (C) 28.28, Jack Gavin (O) 28.29, Joseph MacConnell (O) 28.84, Gareth Goh (C) 41.38 (fell)
400m hurdles Joseph MacConnell (O) 59.10, Jack Gavin (O) 59.67, Ross Ewen (C) 60.21, Sam Charlwood (C) 62.16

3000m steeplechase (run with Blues race) Miles Chandler (O) 9:35.37, Benjamin Gibbons (O) 9:59.78, Paul Hodgson (C) 10:07.77, Pete Townsend (C) 10:09.65

High Jump David Grant (O) 1.80, Sachin Hoyle (C) 1.75, Aondoyima Iora-Tim-Uba (O) 1.70, Christoph Klein (C) 1.65

Pole Vault Nick Jose (C) 3.80, Kris Jensen (C) 3.60, Christopher Day (O) 3.50, Justin Leung (O) 2.60

Long Jump Luke Smith (C) 6.04 (w 0.0), Michael Moneke (O) 5.96 (w -1.6), Christoph Klein (C) 5.58 (w 0.0), Luke Turner (O) 5.24 (w 0.0)

Triple Jump Luke Smith (C) 12.98 (w 0.0), Rob Fordham (O) 12.38 (w +1.4), Douglas Buissen (C) 12.15 (w 2.0; best non-windy w 0.0), Thomas McQuillin (O) 12.01 (w 0.0)

Shot Abidine Sakande (O) 11.42, Harry Woodcock (O) 11.32, Christoph Klein (C) 10.93, Jack West (C) 10.29

Discus Abidine Sakande (O) 35.10, Robin Croft (C) 30.32, Harry Woodcock (O) 29.52, Martin Croft (C) 25.31

Hammer Martin Croft (C) 47.87, Robin Croft (C) 41.38, Abidine Sakande (O) 18.49, Harry Woodcock (O) 18.28

Javelin Guy Fairbairn (O) 48.00, Samuel Broady (O) 47.26, Robin Croft (C) 37.30, Charlie Robb (C) 36.44

4 x 100m relay (run with Blues race) Cambridge Alligators (Andrews, Couler, Rixon, Hylton-Pennant) 52.68, Oxford Millipedes (Roberts, Shearer, Boyce, Anifowose-Eso) 53.28

4 x 400m relay (run with Blues race) Cambridge Alligators (Blackett 62.3, Philips 65.0, Raykov 63.8, Irving-Hyman 62.1) 4:13.16, Oxford Millipedes (Ashley 65.2, Robinson 63.8, Haigh 66.8, Ngetich 62.2) 4:17.96

Result: Oxford Millipedes 102, Cambridge Alligators 99

Oxford University 3000m

9:04.84 Dan Mulyne (O)
9:10.62 Niki Faulkner (O)
9:29.11 James Sewry (O)
9:39.83 Tom Binnie (O)
9:42.71 Oliver Paulin (O)
9:45.08 Henry McTernan (C)
9:58.79 Matthew Lloyd (O)
9:59.69 Ed Gazeley (C)
9:59.99 Connor McGurk
10:04.47 Tom Spearman (O)
10:06.33 Aitor Alvarez Ferna (O)
10:25.10 Jo Woods (O)
10:30.25 Joel Spratt (O)
10:36.56 Chris Hutchinson (O)
10:46.32 Saeed Kayhanian (C)
11:02.59 Britney Ollinger (O-woman)
11:07.90 Allison Kindig (C-woman)
11:37.52 Rosa Christie-Lowe (O-woman)
11:52.14 Sarah Lyons (O-woman)
11:55.36 Kyra Morris (C)
11:56.71 Miranda Stoddart (O-woman)
12:03.82 Sarah Lawson (O-woman)
12:06.21 Hannah Clifford (C-woman)
12:19.01 Anna Klapotocz (O-woman)

Result: Oxford Millipedes 102, Cambridge Alligators 99

Women’s Second Team Match (Oxford Millipedes v Cambridge Alligators)
Match 1. Lee Valley, 17th April

400m Hurdles
Race 1
2 Louis Gardner 57.29
5 Ronan Lyrr 01:02.86

400m Hurdles
Race 2
3 Caroline Hilley 01:04.67
4 Ffreya Shearer 01:07.19
5 Alice Flint 01:08.30

5000m Race 3
2 Laura Cook 01:06.59
4 Georgina Ellis 01:20.20

800m LICC 1
1 Sebastian Chei 01:56.52

800m LICC 3
1 Rache Skokowski 02:26.20
2 Lizzie Sandham 02:29.16
3 Yanna Raylon 02:30.64

100m LCAS Race 2
2 Mark Dyble 11.28

100m LICC Race 1
2 James Brooks 11.27
6 Ming Wang-Koh 11.89

100m LICC Race 2
1 Clayton Gillespie 11.21
5 Austin De Maillu 11.55

100m LICC Race 5
2 Claire Seer 13.36
4 Emma Roberts 14.11
5 Keltie McDonald 14.44

100m LICC Race 6
-0.9

200m LICC race 1
0.9
1 James Brooks 22.43

200m LICC race 2
1.1
1 Clayton Gillespie 22.64
3 Charles Oakley 23.33
4 Austin De Maillu 23.49
5 Patrick Calver 23.63

1500m LICC
1 Michael Costante 04:06.75
3 James Coxon 04:10.40

Long Jump Men
2 Alexander Macaulay 6.13-1.8

Long Jump Women
1 Chloe Rixon 4.69-2.7
3 Matthew Houlden 13.83-1.0
2 Emmanuel Gbegli 13.33-1.9

Triple Jump Women
1 Chloe Rixon 10.73-0.4
2 Claire Seer 10.28-3.9

High Jump
1 Ethan Surrill 1.92
2 Christopher Little 1.75
3 Tommas Marino 1.75
4 Annabelle Bates 1.65
5 Imogen Downing 1.50
6 Emma Roberts 1.35

Pole Vault Indoors
2 Kris Jensen 3.60
3 Duncan Hicklin 3.20
4 Sam Rawlinson 2.60
5 Rebecca Martin 2.60
6= Rebecca Markham 2.00
6= Imogen Downing 2.00

Javelin
1 David Korczyński 53.82
2 Arran Davis 51.45
3 Guy Fairburn 44.55
2 Isabella Coutts 35.06

Shot
2 Bo Ivanovic M75 9.17 4kg
2 Roisin Beck Taylor 7.46

Hammer
4 Roisin Beck Taylor 30.12
5 Clare Pacini 26.77

Discus
5 Roisin Beck Taylor 22.68

Match 2. Allianz Park, 19th June

400m Hurdles Race 1
3 Louis Gardner 56.47

400m Hurdles Race 2
3 Gladys Ngetich 01:06.95

800m Race 1
2 Josh Coxon 02.01.26
6 Emily Hoogkamer 02.25.29

100m Race 4
-0.9
4 Matt Houlden 11.60
6 Sandy Macaulay 11.63

800m Race 5
7 Hugh Baker 51.28

200m Race 3
-1.8
3 Louis Gardner 24.23

200m Race 7
1 Gladys Ngetich 28.8

110m Hurdles Race 3
-2.3
1 Matt Houlden 16.72

200m Race 1
1 Matthew Houlden 6.82

High Jump
1 Christopher Little 1.80
2 Matthew Houlden 1.75

Pole Vault
1 Silvia Amabilino 3.50
2 Sam Rawlinson 2.80
3 Imogen Mulliner 2.60
5 Rebecca Martin 2.30

Javelin
2 Ellie Lane 29.22

Shot
2 Bilen Ahmet 9.92
3 Bo Ivanovic M75 9.83
1 Anna Niedbala 11.02

Pole Vault Indoors
2 Bilen Ahmet 24.60
1 Helen Broadbridge 50.90

Discus
2 Michael M40 37.76
2 Bilen Ahmet 28.73
1 Anna Niedbala 44.32
I was recently asked (by some NUTS folk) to try to dig out details of a Cambridge University Decathlon, held at Fenners in 1936. This decathlon was a rather mysterious event, and does not figure in the CUAC "records of results". But, by looking at the CUAC Committee minutes, I found that, on 20 January 1936, "(Richard) Webster proposed that a decathlon competition should be organised for the benefit of field events in general and one or two members with Olympic aspirations. On the grounds of possible injuries and the dissipation of energy such a competition would entail, it was suggested to hold it during the summer Easter Term. J.C. Horsfall suggested May 9, and the resolution was adopted".

The "one or two" were, of course, Richard Webster himself and Josef Klein (who had just come up to Emmanuel from Czechoslovakia - although really via his father's good London job). I sense that Webster was regarded as a bit of a nuisance, with his pushing for more field events competition. I know that several javelins were purchased at that time, and immediately regularly broken! And I remember speaking to Maurice Scarr and Lionel Elvin, in the 1970s before they died, and hearing that CUAC track runners of the 1920s/1930s mostly simply ignored everyone and everything to do with throwing events!

Anyway, the decathlon was duly held, although the dates are unclear (either May 9 or May 11/12). And I have found the results, by complex means. Whether the judging was accurate seems to me doubtful (although Webster's father may have organised something) - some CUAC Committee minutes of that time contained appeals to "Blues to learn how to time keep, in order to officiate at College events".

<table>
<thead>
<tr>
<th>Event</th>
<th>Klein</th>
<th>Webster</th>
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<tbody>
<tr>
<td>100m</td>
<td>11.1</td>
<td>12.4</td>
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<tr>
<td>LJ</td>
<td>6.44</td>
<td>5.43</td>
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<tr>
<td>Shot</td>
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<td>HI</td>
<td>1.54</td>
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<td>400</td>
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<td>32.79</td>
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<tr>
<td>PV</td>
<td>3.12</td>
<td>3.58</td>
</tr>
<tr>
<td>1500m</td>
<td>4:44.0</td>
<td>5:28.0</td>
</tr>
<tr>
<td>Score</td>
<td>6245</td>
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</tr>
</tbody>
</table>

Respectable marks - Klein became the British all-comers record holder thereby, and Webster the UK record holder.

Both went to the Berlin Olympics that year, Webster in the pole vault, Klein in the decathlon.

Klein's mark stood till Geoff Elliott broke it in 1952, but Ronald Walker broke Webster's mark with 5305 in July 1936.

- Chris Thorne
Mike Robinson was President of CUAC in 1960, and Hon Sec in 1959. He won the 120yH at the Varsity Sports of 1958, and in subsequent years was narrowly beaten over 120yH and 220yH by Rex van Rossum and Michael Parker. He toured N America in 1961, placing second to Parker over both 120yH and 220yH against Cornell & Penn and again against Hamilton Olympic Club a week later: he ended the tour with silver medals at both 120yH and 440yH at the Canadian Championships.


In Memoriam
John Holt was President of OUAC in 1961 and General Secretary of the IAAF from 1976 to 1991. He competed in the Varsity Matches of 1958 (at 220y), 1959 (440y), 1960 (440y and 880y) and 1961 (880y, 2nd). He was AAA Junior Champion at 440y in 1957, and in 1959 he placed 2nd in the Universiade 800m. He had an 880y pb of 1:50.0 (equivalent to about 1:49.3 for 800m).

John (pictured at the Achilles Ball of 1991) went on to become one of world sport’s leading administrators, serving under successive IAAF Presidents Adrian Paulen and Primo Nebiolo, and working closely with Robert Stinson, who was Hon Treasurer for much of that period.

John had been Organ Scholar at St Catherine’s. For an Achilles reunion dinner he composed, and performed on the accordion, the piece illustrated.

John was a fellow Old Mancunian, though a bit younger that me. We missed each other at school by several years and our paths only crossed intermittently later in life, but we had plenty to talk about when they did. He had a marvellous career as an administrator. - Rob Shaw

How very sad. I had not been in contact with John for over 40 years until a telephone call out of the blue a few months ago. We intended to get to get together ... - Mike Parker

John was a bit younger than me, but I got to know him well in the 1960s & 70s - although not well enough to know that he was an organ scholar! It is a very sad loss - he was a good man, well liked & well respected. - David Donaldson

John was a hero of mine when I was a schoolboy, and possibly the reason I chose Oxford when my headmaster was suggesting another place. I recall meeting him at Oxford soon after he had taken up his first IAAF post, having previously taught at Tonbridge, and asking him whether he had lost his amateur status, to which he was somewhat equivocal. - Malcolm Warburton

A pillar of the OUAC, and a very talented athlete (English Schools 880 title and the rest is history). Deputy Head boy of Manchester G.S. - Roger Thorn

Sad news - quite a shock, although I do remember John telling me of some serious health problems when he gave me a lift back to our friends’ home after the Achilles Dinner in 2014. We saw a lot of one another in John’s year as Pres., particularly as I was Hon Sec; he maintained the OUAC run of success from Rex Van Rossum’s year - making it all the more galling for me to lose it in 1962. - Roger Lane

We first met in 1966, when we both ran in the Northern Schools at Bellevue, Manchester (a track long gone ). John won the 440 and I won the 220! I was also very pleased to have competed against him in two varsity matches and relays. He was a very nice man without any side. — Dai Roberts

I had had no contact with John since around 1959 (I was two years ahead of him and three or more yards behind him in 440 at Oxford), and out of the blue, after that 56-year gap, he rang me about three months ago. I think he had it in mind to get together at some point - but clearly that was not to be. I honour his memory, both as a superb athlete, but also for all he since done for athletics administration. He told me on the phone that he was organist in a local parish church, a side of his life I had not encountered; I don’t think I even knew he was an organ scholar. - Colin Buchanan

It is very sad especially when your contemporaries go. Not a direct competitor but a friend through 1958 to 1960.—Alec Fruin

John Holt was a bit younger than me, but I got to know him well in the 1960s & 70s - although not well enough to know that he was an organ scholar! It is a very sad loss - he was a good man, well liked & well respected. - David Donaldson

John was a great man, admired by all and much loved as well as doing outstanding work for the IAAF.—Michael Hogan.

I knew John since my Oxford days in the 1950’s. While he was IAAF secretary I had many contacts with him. He always was most helpful and considerate. Primo Nebiolo, the IAAF President, was very hard to take, not only for John but for all who knew John’s worth.— Ian Boyd

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John Holt was at the helm of the IAAF at a time of immense change for the association and athletics as a whole. His professional management, passion and dedication for the sport he loved was widely admired and helped guide athletics from amateurism to an increasingly professional era. During his tenure, the Olympic Games ceased constitutionally to be athletics’ world championships, with the inaugural IAAF World Championships in 1983 signalling a major transformation in the sport’s calendar and financial fortunes. His role in this process is a truly great legacy.

— Sebastian Coe
Dr DM Turner (Queens’ College, Cambridge, 1959-63) on 7th January 2017

On the track Mike won the 3 miles at the Varsity Sports of 1963, having placed 2nd in 1962 and 4th 1960 and 1961. He was 1st in the 2 miles against Penn & Cornell in 1962, and 2nd to Bobby Mack against Harvard & Yale in 1963. But it was at cross country that Mike was world class. He ran in the Varsity Matches of 1959 (4th), 1960 (2nd) with Herb Elliott—photo below right), 1961 (1st) and 1962 (1st). Cambridge won on all four occasions. He was secretary of CUH& in 1960-61, captain in 1961-62 and president from 1976 to 2006. He won the Universities’ Athletic Union Championships in 1960 and the British Universities’ Championship in 1964 (joint with Fergus Murray) and 1965. He came second in the National Cross-Country of 1964 and (by a whisker to Ron Hill) of 1966.

By Roger Robinson [photo: no 239]

Mike Turner [photo: no 240] would have made a good monk. He was happiest when he was most rigorous. Running for him was the discipline that gave meaning to his life, yet was also a source of joy, a radiance. To us lesser runners he was the Iron Man, but he was also light-hearted, laughing company at all times—except in the middle of a fierce repeat across a field of glutinous Cambridgeshire mud.

A much better and more dedicated runner than I, he tolerated my lapses and complaints generously. I used to describe the condition of being exhausted as flat from excess of hard training as being “turned.” I claim his most common phrase was, “Get up, Robin-son, only two to go.”

We were the same age almost to the day, and at 19 arrived at the same college. He was always the leader among the student runners, sure in his beliefs (train harder than anyone else), iron-willed in his example, yet never stern or critical. That gave him a charismatic genius for transforming modest talents into good runners, and making student team running something to be remembered and valued through life. He did that for me. I’d been a runner since my early teens and always loved it, but had never really committed myself. Three runs a week and not at all in summer is how I remember my teen years. I didn’t start a running diary till after I met Mike. Life was too full, and I didn’t see myself as good enough. We had no coach at my high school, which was great for learning independence but made it hard to set your sights high.

Then I went to University and met Mike. Training with a friend who was a better runner, better informed, confident in his opinions, and also likeable and encouraging, my amateurishness about running began to change. Just before turning 21, I ran seven days in a week for the first time, four of those days with Mike (according to the diary I had only just started to keep).

Mike and I became regular training partners during our twenties. For some periods we ran together every day, or twice a day. The friendship became a close bond when we were paired in the Cambridge University John o’ Groats to Land’s End Relay, a team of ten mid twenties. For some periods we ran together every day, or twice a day. The friendship became a close bond when we were paired in the Cambridge University John o’ Groats to Land’s End Relay, a team of ten mid
days in a week for the first time, four of those days with Mike (according to the diary I had only just started to keep).

The best years came when we were both working on our PhD research, in different subjects, a time of blissful freedom from schedule constraints. Now in our mid twenties, we ran together, often very hard, in the middle of every day (“the only time it’s worth being outside in winter,” Mike said in his definitive way). Our staple was long repeats across tough country. Then we would have a hot soak in the deep old-fashioned College baths, and from the next cubicle Mike would sing, in his lyrical light tenor—folk songs, mostly, sometimes hymns, from his days as a boy treble in the Liverpool Cathedral choir. Then we lunched cheaply, and talked and laughed a lot. It all knocked a hole in the day, and meant working late in the University Library, but what I learned from Mike, from the million topics we discussed, and from the English course we took that we explored so rigorously, made it time well spent.

He took on club duties. Profoundly loyal, he would race for his teams - college, university, club, county, country—and perhaps fell just short of greatness because he gave so much so often to so many teams. He would do anything for another runner. “No bother, no bother at all!” was his rhythmic mantra, chanted almost musically. He was happy in the community of runners. Yes, he would have made a good monk.

By now Mike was among the world’s best cross-country runners. He was England’s captain in a supreme era. Team-mates during his ten years at that level, 1961-70, included Basil Heatley (Olympic marathon silver), Bruce Tulloh (European 5000m champion), Ron Hill (European and Boston marathon champion), Mike Turner (8th Olympic marathon 1968), and Roy Fowler (1st International 1, 3rd European 10,000m). Among such colossal heroes, as they seemed from my level, Mike was liked, admired, and feared, just as he was by me. He beat Hill for the British Universities title, and came literally within an inch of beating him for the England cross-country championship in 1966. That day, a little further back in the field, I made it to international selection for the first time. Mike was a key factor making that unlikely leap possible.

Mike was indeed a legend, a real life Wilson of the Wizard, a tweed-suited don who rained and raced like a demon. He was 19 when he arrived at Cambridge and he was still winning university races in his fifties.

We runners knew little of the work e did for Queens’, for Peterhouse and for the University, but his integrity shone through everything he did. Its stood him in good stead when as British team manager in Seoul on the Olympic training track in 1988, when he had to defend Linford Christie against doping charges.

Mike was a man of many parts, not just a world-class runner and administrator, but also a singer and a poet and with a great sense of humour. He took work and his running seriously, but never himself. He is much missed.

- Bruce Tulloh

One of the all time greats of Cambridgeshire distance running and such a nice guy

- Roger Norton

Mike did win the Inter-Counties cross-country (1964), and several British University titles. His best international pacing was seventh in the International Cross Country in 1970. Later he took senior positions in British Athletics, and we trained together once again on the Olympic training track in Seoul in 1988, when he was British team manager and I was a New Zealand TV journalist, two ageing and slowing friends keeping the inside lanes free for the fleet Kenyans.

Mike stayed on in Cambridge, as a lecturer in Land Economy and college fellow. He was famed among generations of students for his frayed and faded running gear. Monk-like, he thrived on the collegiate life of a solitary scholar’s rooms and communal gourmet meals. That side extended to home, and I was one of many who often took advantage of the legendary hospitality that he and Glenda provided. Part of the allure was that he carried the special responsibility of selecting the college fellows’ vintage wines.

Mike kept racing well into his fifties, though heart arrhythmia sometimes stopped him. That trouble deepened and he hit seriously bad health in his later sixties. Some of us attributed it to his insistence in later years on going for his daily run at 4.30am (the rigorous monk again). In 2012, he had a stroke, suffered blood clots, eventually a leg amputation. That was unthinkable, for such a supreme runner. Support ed by Glenda, he lived a restricted life with stoic resolve, and their apartment became yet again a buzzing centre for the many visitors who remembered his support and leadership in their youth.

To his death (at age 77 on January 7, 2017), Mike has remained one of the main reasons I go every year to England. He was, and will remain, the friend of rich contrasts—light-hearted yet stern-minded; generous yet disciplined; the fiercely private individualist who sacrificed himself week after week for his team; the singing iron man who could run away from me with such zestful rigour.

Mike Turner was the first to show me that running is worth doing well, worth committing yourself to do well until you’re thinking about a lull. He showed me that running can be an intellectual challenge and an emotional passion as well as a physical sport. That helped shape my life.

“Mick, the gods direct you to the best,” said Shakespeare. Or if you’re lucky, you’ll find a friend like Mike to do it.
By Tim Johnston:

- Mike Turner aka Wilson ran the 3 Peaks. Without a compass. In boots. And won by half an hour.
- Mike Turner ran 32 quarters. With a half-minute interval. On Inverness station platform. In a snow-storm.
- Mike Turner ran all 6 legs of the Selwyn Relay. And broke the record on 3 of them.

This was a man around whom myths accumulated. And my first encounter with Mike was certainly in keeping with the myth.

29 April 1960, Milton Road: I was in my ‘gap’ year, a promising schoolboy runner, representing Camb. And we AAA against the Alverstone Club.

We toed the line, shivering in the wind gusting off the fens. five of us: Alverstone were a man short. Cyril Coote raised his gun. Suddenly, a murmur ran through the Assembly. All eyes turned to Magdalene Field. Cyril Coote lowered his gun. An emaciated figure in a torn yellow singlet, clutching a pair of mum’s crucifix spikes, slipped between the beech saplings.

After he’d breezed by me in the final straight (4’21.6” to my 4’23”, according to my race diary), the Man in the Yellow Singlet briefly shook my hand, swapped his spikes for a pair of battered dunlop plimsoles and headed off in the direction of Milton.

‘Who was that?’ ‘Mike Turner. He’s training for the AAAs.’

6 months later I came up to Cambridge. It was an auspicious time. The Freshers’ cross-country trial was won by Martin Heath, who’d run away with the All-England Schools Mile in a record 4’12” (3’54” in metric terms). A notable absentee from that Freshers’ race was a certain Herb Elliott, who’d also recently run 3’54” — over the full Mile distance. And shortly before that he’d destroyed the Olympic world record and the world record in the mile.

He reckoned, was a doddle compared to attaining the world record in the metric mile. Which, he looked at the myth.

And there was a whole bunch of other talented freshmen. There were also Mike Tribe, ex-Durham captain, Allan Fairbank, star junior hurler, George Lawson… Plus all the old lags: Blues, Spartans, JOGLER veterans. I won’t quote names, in case I leave anyone out. Like Jeanne Moreau in Jules et Jim, which all of us of that generation saw at least three times. ‘J’ai la mémoire qui flanche, je ne me souviens plus trop bien.’

But the guys who really counted at the Hare and Hounds, the capi del copi, were the captain and secretary, Messrs TJ Briault and DM Turner. They dominated every race, every training session: pack runs thru the Grantchester mud, interval sessions fending off the Mad Dog of Parkers Piece, Gogs Run from Harvey Road, with the compulsory sprint up Harry’s Plough, followed by the lung-searing drag to the top of Misselson Hill.

And also every Hare and Hounds tea in Mike’s rooms in Fisher Court, Queens’. Mike sang, Tim accompanied him on the guitar. One of their favourites was the Irish rebel song, ‘Johnson’s Motorcar’. ‘They’ve stolen Johnson’s motorcar, Johnson’s motorcar, John-son’s motor-car…’

I nibbled at my cake and crumpets, sipped at my orange squash and swore I’d train harder, beat the bastard!

But it took a while. Tim ran away with the Varsity Race, Mike came in equal 2nd with Herb, I failed to score. Though I did beat 5 Oxford men. At the dinner, Mike made a speech in which he memorably referred to our hosts at Thymes as a ‘bunch of chinless won-ners’.

I hesitate to tell you about his classic shortcuts in the Boundary Run. ‘Oh, hullo, says the lady in the semi on the Shelford Road, opening her back door, “we’ve had the hall re-carpeted.’

books. Enthusiasts may also remember Mike Freary, Gerry Dmyterko, Alan Simpson, John Hillen, John Ander-son, Colin Robinson. Northerners all. Hard men. In the Northern cross-country champs, Mike beat them all out of sight.

Come the National, if he’d not succumbed to injury or illness, Mike would do it again. That first year of mine at Cambridge, Tim and Mike finished 5th and 7th, mak-ing the England team (continuing the tradition inaug-urated the previous year by Harry Marshall). Prior to which, Mike had run away with the BUSB, where I’d had to concede 2nd place to a stocky little round-shouldered eternal student from Manchester Univer-sity called Ron Hill.

Mike made the national team 5 more times. In 1964 at Leicester, hopping through the mud with my leg in plaster, I had the satisfaction of watching him out-sprint the little round-shouldered guy for second, behind untouchable Mel Batty (though Mike had surprised him and everyone else, including himself, by being there. He’d run in the half-marathon 6 months later, the boot was, sadly, on the other foot. Graves Park, Sheffield. After an epic battle over 9 miles of mud and hills, the little guy outleamed Mike at the tape. Pity. Mike’s best chance to win a title that he’d earned several times over.

In all, Mike made the England cross-country team 6 times, capturing it in 1970 at Vichy, when England, led home by Mike Tagg, made a clean sweep of the medals, and Mike himself finished 3rd, his best placing in what was then still known as the International Cross-Country Championship.

Seventh. Not a true reflection of Mike’s international standing. Possibly the man-killing training sessions, the runaway wins in the Lancers, the West Lances, the County AAA against the Alverstone Club.

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He reckoned, was a doddle compared to attaining the necessary level in Latin to satisfy the authorities of Jesus Coll. And there was a whole bunch of other talented freshmen. There were also Mike Tribe, ex-Durham captain, Allan Fairbank, star junior hurler, George Lawson… Plus all the old lags: Blues, Spartans, JOGLER veterans. I won’t quote names, in case I leave anyone out. Like Jeanne Moreau in Jules et Jim, which all of us of that generation saw at least three times. ‘J’ai la mémoire qui flanche, je ne me souviens plus trop bien.’

Mike was first and foremost a Queens’ man. In 1961, Queens’, with just 400 undergraduates, failed by a whisker to take the Hyde Park Relay from 20,000-strong Manchester University. Another half-mile, and Mike would have had that guy…

which the Europeans are notorious. It’s run over a stretch of reclaimed swampland in an industrial sub-urb of Milan. On each of the four two-and-a-half k. laps you have to leap a score of drainage ditches, reeking with industrial effluent. And run through five mills. Literally through them! In through the front door, zig round the giant coxes and grinders, exit through the back.

Mike, veteran of training sessions around station concourses and airport departure lounges, was in his element. He rapidly built up a 20-metre lead. The honour of France was at stake! So Jazy did what he was famous for. As they approached the start of the final lap, he sprinted. The guy had run the mile in 3’53”, Mike hadn’t broken 4’10”. The 20-metre deficit was transformed into a 5-metre lead. Mike wasn’t too bothered. Two-and-a-half k still to run, 20 ditches to jump, 5 mills to negotiate. The Frog had obviously already passed between Kenyans and Ethiopians. Mike was up against. Michel Jazy, world record holder for the mile and 5000 metres. In peak form, in process of moving up to the 10,000.

The Cinque Mulini is one of those devilish courses for which the Europeans are notorious. It’s run over a stretch of reclaimed swampland in an industrial suburb of Milan. On each of the four two-and-a-half k. laps you have to leap a score of drainage ditches, reeking with industrial effluent. And run through five mills. Literally through them! In through the front door, zig round the giant coxes and grinders, exit through the back.

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The Cinque Mulini is one of those devilish courses for
Rex van Rossum was president of OUAC in 1959. He competed in the Varsity Matches of 1957 (120yH), 1958 (100y, 120yH, 220yH) and 1959 (120yH, 1st; 220yH). In 1959 against Harvard & Yale he placed 3rd at 120yH and 4th at 220yH.

In the early 1960’s he authored several books on athletics training and coaching.

Rex was the dominant personality of my Freshman Year at Oxford. He awarded me my first Full Blue at trackside at the Varsity Match in 1959, my having just beaten the first Cambridge miler home, Alec Fruin, in a photo-finish, despite my lowly seeding of 3rd String Miler for Oxford. One of those memories which never fade. - Roger Thorn

I remember in particular Rex’s chagrin in 1995 at the centenary of the Oxford & Cambridge v Harvard & Yale match with Rex had trained with enthusiasm for the veterans’ events, run alongside the main match: but to his great disappointment he had overdone it, and pulled a hamstring…. Determined to be part of it he nevertheless donned his Oxford kit, and looked fit enough to have shown a clean pair of heels to many of us younger ‘veterans’ on that day if he’d had the chance—Paul Willcox

I was more or less a contemporary of Rex at Oxford, and often ran for OUAC, though not, as it happened, in the Varsity Match itself, and I never therefore had a half-blue. It was Rex who carefully did not pick me to be second string in the 440 for the Varsity Match in 1959. As the man whom he selected, Mike Reigels, then won the 440, his choice was fully justified, and certainly Rex continued on very good terms with me.

So skip nearly 40 years and you will find Rex seeking me out (I was a bishop in South London) and persuading me to come to an Achilles dinner in Cambridge, and I thus had a chance to find out more of what Rex had been doing - and Rex in turn asked me to contribute to the book of memories he compiled for Derek Johnson’s widow, when Derek died in his early 70s, leaving a young widow and young daughter. Derek had been two years ahead of me at my own college, Lincoln. Rex continued to write to me, we occasionally talked on the telephone, and exchanged Christmas cards, and I learned a bit of how he had spent the main years of his life (including his passion for coaching). Then about three years ago, perhaps four, there was no Christmas card.....

I pay glad tribute to him. His enthusiasm for the sport (and commitment to training, to refining technique, etc) was tremendous, and his captaincy conveyed that passion to others. And his sheer friendliness in recent years has been very touching to a contemporary.—Colin Buchanan

I first encountered Rex when I took over organising the Achilles Varsity Match Dinner in 2004. The notification to members used to go out and every year Rex would be the first to respond with about a dozen athletes from his year who would probably be attending. We always followed up his written response with a long pleasant telephone conversation to check numbers and let him chase up replies from his chums. It was a curious thing but after I got to know them at the dinners I almost felt personally, but knew of him. From his form in the photograph he was quite a decent hurdler Bob Shaw


Ted Aves

Dai Roberts

Colin Buchanan

Roger Thorn

Paul Willcox

Tom Dowie

In Memoriam
In Memoriam

**Dr EL Ellis (St Catharine’s College, Cambridge 1933-36) on 26 January 2016 aged 101**

Leslie Ellis won the Mile in the Varsity Match of 1936. It is remarkable to realise that he was a teammate and contemporary of Olympic legends Jack Lovelock and Jerry Cornes. In a distinguished athletics career, he also won the 3 mile Inter-Counties at the British Games held at the White City in May 1939 and had, like so many of his fellow athletes, been hoping to compete in the 1940 Olympics. Although he did resume athletics on returning home in 1945 from war service in the Far East, his best years were then far behind him. He was enormously proud of the fact that he was an Achilles member and a very keen interest in all club activities.

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**CEA Towne (Jesus College, Cambridge, 1934-37) in February 1999.**

Charles Towne competed for Cambridge against Oxford both on the track and Cross Country (photo: fourth from left, before the Varsity Match at Horton Kirby in Kent) in the period 1936-7.

He toured the USA with the Oxford-Cambridge team and was victorious over 2 miles in the match v Harvard & Yale in July 1937 at Harvard Stadium, winning by ‘a good 60 yards’ according to contemporary newspaper reports.

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**Lt Col Ian Logan Roney-Dougal, OBE (Magdalene College, Cambridge 1935-36) on 23rd August 2010**

**JD de Paravicini (Emmanuel College, Cambridge, 1923-27) during the mid 1990s.**

John de Paravicini ran in the 1926 cross-country race, the first to be held at Horton Kirby after the switch from Roehampton.

It wasn’t a great day for him personally (he came last) or for Cambridge (who lost by a maximum score, 15 points to 40). In the photo John is seated on the ground, in the middle.
In Memoriam

Donald Piggott competed in the 100y in the 1941 Wartime Varsity Match.

Professor Sir Denys Wilkinson (Jesus College, Cambridge, 1940-43) on 22 April 2016.
Denys Wilkinson’s generation had the misfortune of pursuing their education during the Second World War. Inter-varsity sport continued, albeit at a less formal level, as Denys recalled for the Club archives. He remembered in particular the somewhat basic high jumping instruction of the great Cambridge coach, Alec Nelson: ‘Throw your leg over the bar..... and follow it as soon as possible’.

After wartime work on the British and Canadian Atomic Energy projects, he returned to Cambridge in 1946, and was Reader in Nuclear Physics from 1956–1957. He was made a Fellow of the Royal Society in 1956. In 1957 he went to Oxford as Professor of Nuclear Physics. On leaving Oxford, he served as Vice-Chancellor of the University of Sussex from 1976 to 1987.

David Loades competed for Alverstone and was a supportive Achilles member throughout his life. A historian specialising in the Tudor era, he was Emeritus Professor of History at the University of Wales: he subsequently became an Honorary Member of the History Faculty at Oxford.

The Reverend Canon C.E. Johnson (Emmanuel College, Cambridge 1937-42) in 2012.
Charles Johnson won the 100y in the Varsity Sports of 1942, clocking 10.2 sec, the fastest time recorded in the Wartime series. He was captain of the University hockey team and continued to play the game for many years thereafter.

Derek Lillistone won the Varsity Match Long Jump in 1956, and placed second against Yale & West Point with 22 ft 1 “

On leaving Cambridge he went to Tanzania as a Colonial Officer where he continued with his athletics taking part in the East African games and encouraging the young men to take part in the Outward Bound scheme; and he took a group of the African staff and climbed Mount Kilimanjaro. When Tanzania gained its independence he then went to Uganda Kampala University and did a degree course to teach. On completion he returned to teach geography at Tabora boys school. There he was a house master and also took charge of Sport. With the help of the boys he constructed a running track and coached the boys. Many of them went on to represent Tanzania. On returning to the UK in 1970 he taught in Stevenage and then at Deben High School. There he encouraged the pupils to take part in sport. He was a member of Felixstowe hockey club and played until his mid seventies.

FM Aldridge (Lincoln College, Oxford, 1951-54) in September 2016
Mungo Aldridge was 6th in the 1953 Oxford v Cambridge Cross Country, contributing significantly to Oxford’s win that year. He was latterly often in touch with the Club and attended many of our dinners.
Tony Weeks-Pearson captained OUCCC in 1954. In that year he won the Varsity Cross Country in a three way tie with teammates Ian Boyd and Chris Suddaby, mirroring a similar feat in the famous ‘pea-souper’ race of 1952 when he tied with Chris Chataway and Derek Law (the fog was so impenetrable that Old Blues were strung out around the course as marshals calling out ‘Oxford & Cambridge’ to enable the competitors to navigate). He won a silver medal in the 5000m at the World Student Games of 1953, held the UK indoor 3000m record, and placed 2nd in the National Cross Country Championships of 1955 and 1958.

Cecil Parkinson

Further to last year’s obituary Keith Marsden writes:

I enjoyed reading the Achilles annual report for 2015, and appreciated the attractive family photograph of Cecil Parkinson. I joined Cecil at Lancaster Royal Grammar School in 1947 at the age of 16, after my father had been appointed Superintendent of the Lancaster office of the Refuge Assurance Company. He had previously been in charge of its office in Toxteth, Liverpool, where I attended Quarry Bank High School (later attended by John Lennon, who named his first band - the Quarry Men).

Cecil and I played on opposite wings of the LRGs rugby first XV, and were members of its athletics team (rivals only over 440 yds). We both joined the RAF in February 1950, to do our national service (then for 18 months), before planning to go up to Cambridge in October 1951. I was lucky enough to get a commission as a Pilot Officer in the Secretarial Branch. But Cecil didn’t. He became a sergeant in the Education Corps. His school record (where he was a prefect), and subsequent career as Margaret Thatcher’s favorite minister, and twice Chairman of the national Conservative Party, amply demonstrated that he was “officer material. But perhaps the RAF selectors were influenced by the fact that his father was “only” a porter at British Rail’s Carnforth station.

Half way through our RAF service, the compulsory period was extended to two years. But officers who were scheduled to go up to Oxbirde in October 1951 were allowed to leave early. I did 19.5 months, and arrived at Caius a day before the start of the academic year. But Cecil had to complete two years RAF service, so he didn’t get to Emmanuel until October 1952. He later forgave me for my good fortune, when as a peer, he arranged for a press conference in the House of Lords for the presentation of my first Centre for Policy Studies pamphlet before the 1997 general election.

John Metcalf adds:

Some time about 1995 Cecil Parkinson was approached by Robin Butler, former Oxford Rugby blue and then Cabinet Secretary, and asked if he would be guest of honour at that year’s Vincents Dinner on the eve of the varsity Rugby match. Cecil thus became the first and I think the only “Tab” to have had that honour! He was warned that the dinner would be very boisterous as it usually was. Cecil was indeed heckled quite a lot but gave as good as he got. All this coincided with the views of some Vincents members of the "older generation" that things were getting too boisterous at the Vincents dinner and we would have a more enjoyable evening in the company of members of our own generation whom we knew, liked and to some extent or other had kept in touch with. Both Bill Robbins and I knew Cecil pretty well (Bill had shared a flat in London with him) and following the above dinner occasion discussed things with Cecil who volunteered Cecil was warned to expect partisan behaviour at Vincents, but put down a heckler and won everyone over by telling a very good story about Roy Jenkins, the Parliamentary Labour Party and why the "Gang of Four" were leaving the Labour Party.—Bill Robbins

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Thus it was that the majority of people attending these dinners were Oxford ex-athletes. Of the 20 or so attendees about a dozen were regulars and others came from time to time. The regular people included, from Oxford in addition to Bill Robbins and me, Chris Higham, Paul Vine, Derek Johnson, John Young, the Pinnington brothers, Donald Gorrie, John Boulter, Derek Brierley, Rex van Rossum, Jan Hildreth, Adrian Metcalf and from Cambridge Cecil, Alan Sexton, Roy Chapman, John Kitching, John Scott Oldfield. Occasional "Tabs" included Bob Stinson (once or twice when his wife had to deliver and collect him), Bob Barber, Michael Orrell-Jones & Brian Wardley.
In Memoriam

**DL Rathbone MBE (Trinity College, Cambridge 1931-34) in 1991**
Denis Rathbone won the 440y at the Varsity Sports of 1934. At the 1934 Empire Games he was a member of the English relay team which won the gold medal in the 4×440y.

**FA Montague (Balliol College, Oxford, 1922-25) in 1993**
Francis Montague competed in the 1923 Varsity Cross Country.

**Sir Henry Phelps Brown (Wadham College, Oxford, 1924-26) on 15th December 1994**
Henry Brown competed in the Varsity Cross Country of 1926. He became a prominent economist.

**IG Robin (Clare College, Cambridge, 1927-30) in 2005.**
Ian Robin competed in the Varsity Cross Country matches of 1927 and 1928. He became a distinguished and popular London ear, nose and throat consultant.

**Professor MW Lister (Oriel College, Oxford, 1932-36) on 27th June 2003**
Maurice Lister competed in the half mile in the Varsity Sports of 1934 and 1936. He might have reached the 1936 Olympics but placed his academic work above the training required. He went on to Harvard on a Commonwealth Scholarship to work on atomic research and spectroscopy, and after the war worked at the University of Toronto.

**TBL Bryan (Christ’s College, Cambridge 1928-31) in 2008**
Thomas Bryan competed in the Mile at the Varsity Sports of 1930 and 1931, placing 2nd in the former, and was in the winning Achilles 4 x 1 Mile team in LAC’s Victory Cup race.

**Colonel WAC Wilkinson DSO, MC and Bar (University College, Oxford, 1910-14) on 19th September 1983.**
Alex Wilkinson competed in the 120y hurdles at the Varsity Sports of 1913 and 1914, placing 2nd in the latter, and was Hon Sec of OUAC. He was also a cricket Blue and had a first-class cricket career lasting 27 years: regarded as one of the most consistent batsmen of his day he played much of his career with an injured hand after narrowly avoiding having it amputated after being shot in the Great War.

**Dr HV Warren (The Queen’s College, Oxford, 1926-29) in 1998**
Harry Warren competed in the 100y at the Varsity Sports of 1929. A Rhodes scholar, he had won 1926 British Columbia championship in the 100, 220, and 440. In 1927. Coached by Bob Granger, the same man who guided Percy Williams, Harry was chosen as one of three sprinters to represent Canada at the 1928 Olympics in Amsterdam. While his friend Percy raced to dramatic and unexpected gold medals in the 100m and 200m, due to selection politics Harry was never given the opportunity to even compete. He served as a spare in the sprints and helped coach the Canadian women’s track team to four Olympic medals, including two gold. Immediately after the Olympics, he gained some form of redemption by winning the 100m at the Tailteann Games in Dublin, breaking the Irish record for the event and tying the world record on grass. He also took third in the 200m at the same Games. He subsequently held high office in rugby, cricket and field hockey administration. He was a pioneer in the field of applied geochemistry in mining exploration.

Philip Morgan was an exceptional distance runner who more than held his own in the golden post-war era of Oxbridge athletics. Having in 1952 placed 3rd in AAA National Championship behind Chris Chataway he will have been close to gaining Olympic selection that year.

President of OUAC in 1952, Philip won the 3 miles at the Varsity Sports of 1949 (in a new match record, beating Chris Brasher, as featured on the cover of the forerunner of Athletics Weekly) and 1951 (another match record, again ahead of Brasher, and awarded the Drake Digby Trophy), and was 2nd in 1946; and placed 3rd in the one mile behind Roger Bannister in 1950.

Cross Country was not his forte, but he ran strongly in the Varsity Matches of 1945 (3rd), 1948 (10th), 1949 (3rd— photo— John Pollard, Morgan, Bannister) and 1950 (4th).

On the 1949 tour of the USA led by Roger Bannister, Philip (photo front row third from left) won the two miles against Princeton & Cornell ahead of Brasher: their positions were reversed 10 days later against Harvard & Yale. And when Harvard & Yale visited the UK in 1951 he won the 3 miles.

Philip maintained a close interest in the Club throughout his life and attended gatherings whenever he could. He became Curate of Warlingham, Chaplain of Haileybury, Headmaster of Haileybury Junior School and Rector of The Deverills.

You probably know that Derek was Secretary to Roger Bannister (who was a very innocent young man in those days). I remember playing rugby against Rutlish when Derek was there. We had never played them before (but it was wartime); and we beat them and went on to win every match: yours truly kicked all the goals, penalties and conversions and, though only a Greyhound, I nearly got a Blue [for rugby] because someone was injured (but he recovered).

The same happened to me as a cricketer, I took 9 wickets in the Freshmans Trial, played against All India but did nothing (I was too young— the only one who was not an ex-war and extremely experienced ex-serviceman, like Martin Donnelly, NZ Test player)

Please excuse these reminiscences.

Philip

I had some amusing correspondence with Philip over the years: a man with a dry sense of humour and a really outstanding athlete.

- Peter Crawshaw

- Philip Weaver

In Memoriam

Philip himself sent us the following musings following the death of Derek Steel

Please excuse these reminiscences.

Philip

BJM Lloyd (Hertford College, Oxford 1952-55) on 18th December 2016.

Brian Lloyd placed 5th in the Mile in Varsity Match of 1954. George Dole, following an epic battle with Keith Marsden) and Alan Gordon both finished ahead of him for Oxford, which is why it was they who were selected a couple of weeks later for what would turn out to be the Four Minute Mile race.
The Reverend DJ Curry (St Catharine’s, Cambridge, 1942-3 & 1947-49) in December 2014.

David Curry possessed an interesting range of talent, having a. competed in the Varsity Cross Country Match of 1947 (I will be able to confirm his placing once I consult Simon’s book) and b. placed second in the Pole Vault at the Varsity Sports of 1949. He was first string vaulter on the 1949 tour to the USA, where he placed third against both Princeton & Cornell and Harvard & Yale.

David appears in the above team photo, back row fourth from the right.

Randolph Vigne (Wadham College, Oxford, 1946-48) on 19th June 2016

Randolph Vigne competed in the both hurdles events at the Varsity Relays of 1947. He became a prominent anti-apartheid activist and as such attracted the unwelcome attention of the South African Special Branch, who in 1964 firebombed his house: he and his wife fled the country for their lives and settled in London. That fire had damaged his treasured team photo (right), and on his death his widow, Gillian contacted us to try to obtain a replacement, eventually successfully supplied as below by Ronald Halstead: Randolph is in the centre of the middle row.

In Memoriam

Kenneth S Hellrich (Peterhouse, Cambridge, 1931-34) on 14th December 2007
### New Members

| Lynne Fox, Lady Margaret Hall, Oxford |
| Chris Hutchinson, Christ Church, Oxford |
| Taslim Savji, St Cross College, Oxford |
| Andrew Wheeler, Lady Margaret Hall, Oxford |
| Rachel Skokowski, University College, Oxford |
| Emma Roberts, The Queen's College, Cambridge |
| Yemi Anifowose-Eso, St Hugh's College, Oxford |
| Rowan May, Brasenose College, Oxford |
| Imogen Downing, St Catherine's College, Oxford |
| Georgie Ellis, St Peter's College, Oxford |
| James Porter, St Edmund Hal, Oxford |
| Keltie McDonald, St Anne's College, Oxford |
| Mel Grant, Exeter College, Oxford |
| Chepkirui Ngetich, Oriel College, Oxford |
| Abi Sakande, St John's College, Oxford |
| Alex Terblanche, Keble College, Oxford |
| Miles Weatherseed, Lady Margaret Hall, Oxford |
| Will David, Exeter College, Oxford |
| Imo Watson, Pembroke College, Oxford |
| Marie Png, St Hugh's College, Oxford |
| Connor Ellis, St Peter's College, Oxford |
| Kate Davies, University College, Oxford |
| Jed Marshall, Lady Margaret Hall, Oxford |
| Helene Greenwood, University College, Oxford |
| Justin Leung, Keble College, Oxford |
| Cedric Chambru, Oxford |
| Katie Hannawin, Worcester College, Oxford |
| Natalie Beadle, St Edmund Hal, Oxford |
| Nathan Mapperley, Lady Margaret Hall, Oxford |
| Michael Costante, Somerville College, Oxford |
| Claire Bear, Lady Margaret Hall, Oxford |
| Abi Sakande, St John's College, Oxford |
| Oliver Paulin, Merton College, Oxford |
| Eleanor Smyth, Trinity College, Oxford |
| David Korczyński, Linacre College, Oxford |
| Isaac Kitchen-Smith, St Catherine's College, Oxford |
| Emmaline Okafor, Newnham College, Cambridge |
| Ronan Lyr, Jesus College, Oxford |
| Ife Adepegba, King's College, Cambridge |
| Charlie Oakley, Keble College, Oxford |
| Ed Rees, New College, Oxford |
| Emily Barbour, St Peter's College, Oxford |
| Caroline Johnson, St John's College, Cambridge |
| Caroine Hilley, Queens' College, Cambridge |
| Laura Cook, Christ's College, Cambridge |
| Chloe Rixon, New Hall, Cambridge |
| Tom Marino, Sidney Sussex College, Cambridge |
| Liv Hylton-Pennant, Newnham College, Cambridge |
| Rhiannon Philps, Fitzwilliam College, Cambridge |
| Caterina Marriott, Newnham College, Cambridge |
| Chris Kidd, Keble College, Oxford |
| Kris Jensen, Magdalene College, Cambridge |
| Andy Snaith, The Queen's College, Oxford |
| Jack Paget St Peter's College, Oxford |
| Harry Salt, New College, Oxford |
| Rebecca Markham, Emmanuel College, Cambridge |
| Freya Shearer, St John's College, Oxford |
| Emily Hoogkamer, St Catherine's College, Oxford |
| Carl Britto, St John's College, Oxford |
| Niamh Bridson, Hubbard Magdalen College, Cambridge |
| Callum Court, Downing College, Cambridge |
| Nithesh Ranasinha, Jesus College, Oxford |
| Chloe Billingham, St Catharine's College, Cambridge |
| Maxine Mejú, Fitzwilliam College, Cambridge |
| Laura Andrews, St John's College, Cambridge |
| Silvia Amabilino, The Queen's College, Oxford |
| Maria Brett, St John's College, Oxford |
| Emmy Shearer, Gonville & Caius College, Cambridge |
| Aileen Kearney, St Hilda's College, Oxford |
| Sydney Sopher, Jesus College, Oxford |
| Archie McNeillis, St Edmund Hal, Oxford |
| Harry Steel, St John's College, Oxford |
| Priya Crosby, St Catharine's College, Cambridge |
| Louis Rawlings, Christ Church, Oxford |
| Elliott Baines, Peterhouse, Cambridge |
| Luke Cotter, St Catherine's College, Oxford |
| Nicole Mckechnie, Lady Margaret Hall, Oxford |
| Liam Eagle, University College, Oxford |
| Bethanie Murray, Jesus College, Oxford |
| Teele Palumaa, St Cross College, Oxford |
| Ollie Fox, Robinson College, Cambridge |
| Nithesh Ranasinha, Jesus College, Oxford |
| Bijan Mazaheri, Emmanuel College, Cambridge |
| Sam Day, Churchill College, Cambridge |

### ‘His Own Man’, by Achilles Olympian Tim Johnston and Don Macgregor

His Own Man, by Achilles Olympian Tim Johnston and Don Macgregor is an excellent read. It traces the roller-coaster life and career of German 1920s middle-distance star Otto Peltzer, against the jagged backdrop of twentieth century German history. It includes:

- Ascent to fame and stardom under liberal Weimar regime: dramatic victories over Olympic champions Douglas Lowe, Paavo Nurmi, Eric Liddell. Five world records.
- Prosecuted by Nazis for homosexuality. Survives four years’ brutal incarceration in Mauthausen KZ.
- Emigrates to India, becomes national athletics coach. Leads Indian team to upset victory over West Germans. Coaches street children to Olympic level.
- Personal odyssey of an exceptional individual. Plus coverage of contemporary political, social and sexual issues including more bizarre aspects of Nazism.
Dear Tom,

I was at Trinity Hall, Cambridge in 1949 and won the Long Jump Event at the Oxford-Cambridge Match held at the White City Stadium on the 12th March 1949 and as a consequence of this I was included in the Joint Oxford-Cambridge which Came to the USA in June 1949. This team was Captained by Roger Bannister and competed against Teams from Princeton/Cornell on the 11th June 1949 and Har-vard/ Yale on the 21st June 1949.

I met Charlie Moore on that occasion. He represented Cornell and I saw him win the 440 yards event in a time of 48.3 secs. Ask him to confirm that this time is correct. He was a superb athlete and went on to win the Gold med-al in the Hurdles Event at the 1952 Olympics in Helsinki. He was also a member of the US 4x400 Relay team which was narrowly beaten by the Jamaican team of Arthur Wint, Herbert McKenley, Leslie Laing and George Rhodden in this event at the 1952 Olympics. Wint and McKenley were my good friends and I always kept in touch with them until sadly they both passed away a few years ago. Although we were at different schools in Jamaica we met at the Inter School’s Championship Sports in the early 1940’s and always maintained contact. I met Charlie Moore once again at a reunion of the 1949 teams held in Oxford many years ago. He is unlikely to remember me but please pass on to him my warmest personal regards. I will always regard it as a privilege to have known him.

I regret that I shall not be able to travel to the Dinner on the 14th October. I am now almost 89 and I find travelling very stressful and exhausting. I am sure that this event will be a great success and a most enjoyable one and I will be there in spirit!! I am also sure that those who have not done so, will find it a privilege to meet and speak with Charlie Moore. I expect that he will be the most Senior Member of the Achilles Foundation present thereat.

The excellent and wonderful job that you have done over the years to keep the American Achilles Foundation active and effective is I am sure greatly appreciated and valued by all the members of this great Foundation.

With warmest personal regards.

Ramon Alberga
By Tim Taylor (below and extreme right) and Michael Sharpe (Hon Sec 1967)

2016 was the 50th anniversary of the 1966 Athletics Varsity Match held at London’s White City Stadium and won by a strong Oxford team led by OUAC President, Jeffery Archer. 2016 was therefore an excuse to bring together members of that OUAC vintage, especially as the 2016 Varsity Match was held in Oxford, thus allowing us to recreate our time together at Oxford in general and Iffley Road in particular.

We also included in this 50th anniversary the OUAC vintages of 1965 led by President Hugh Pullan and 1967 led by me. Therefore this was a reunion held at Oxford for OUAC members and the highly successful Oxford teams of the three years, 1965, 6 and 7.

Judging by the several responses received afterwards, the whole occasion was hugely appreciated. A 50 year reunion seems highly appropriate, since for many of us it provides a window between retirement and whatever follows. It also seems sensible to include the OUAC members of a year or two either side, thus making a three to five year span. Perhaps there should be ten-year anniversary reunions of all Varsity Match teams and OUAC and CUAC members, to maintain contact not only with the Achilles Club (and OUAC and CUAC) but with each other. We shared so much together that we value (we the scholar-athletes!).

It was very pleasing to resume contact with so many who meant so much to each other 50 years ago. Had I started to organise the reunion rather earlier than the New Year 2016, several more of us might have attended.

It was appropriate that the Dinner Chairman and Guest of Honour was our Hugh Pullan, President OUAC 1964/65 (great speech Hugh). Also present were Mike Hogan, President OUAC 1963/64 and Mike Sharpe, Secretary OUAC 1965/66.

Hugh Pullan (President OUAC 1965—also no. 1 above right) and Michael Sharpe (Hon Sec 1967)

1966/67. Jeffery Archer, President OUAC 1965/66 and Tim Jones, Secretary OUAC 1965/66 were unable to attend but were with us in spirit.

OXFORD v. CAMBRIDGE (2nd Match)

100 Yards (Wind assisted).
1. P.A. Lane (G) 9.6 s*
2. J.H. Archer (G) 9.7 s
3. A. M. Menzies (G) 9.8 s
4. J. D. Sear (G) 10.0 s

220 Yards.
1. W.A. Mootley (G) 21.2 s
2. P.A. Lynam (G) 21.4 s
3. J. M. Barry (G) 21.8 s
4. M. H. Cullen (O) disqualified

440 Yards.
1. W.A. Mootley (G) 46.0 s*
2. E. A. Bobb (G) 47.5 s
3. J. M. Barry (G) 48.4 s
4. M. H. Cullen (O) 49.0 s

880 Yards.
1. H. E. A. Pullan (G) 1 m 32.6 s
2. T. M. Taylor (O) 1 m 33.1 s
3. E. A. Bobb (G) 1 m 34.4 s
4. J. H. Painter (O) 1 m 34.5 s

One Mile.
1. G. Mclnade (C) 4 m 11.9 s
2. R. B. Cross (C) 4 m 12.3 s
3. D. J. Rod (G) 4 m 13.2 s
4. J. Rooley (C) 4 m 15.0 s

Three Miles.
1. R. S. Atkinson (O) 13 m 19.1 s
2. J. R. Wainshake (G) 13 m 19.9 s
3. M. B. Edwards (C) 13 m 20.6 s
4. J. R. Baggaley (C) 14 m 10.6 s

120 Yards High Hurdles.
1. W. G. Day (G) 14.7 s
2. E. C. Williams (C) 15.2 s
3. M. C. Muntz (G) 15.2 s
4. E. A. M. Cocks (C) 15.2 s

220 Yards Low Hurdles.
1. R. G. Proctor (G) 24.4 s
2. J. H. Archer (G) 24.4 s
3. W. G. Day (O) 24.5 s
4. M. P. Williams (C) 24.6 s

440 Yards Intermediate Hurdles.
1. R. W. Allen (G) 54.9 s
2. C. A. McIntyre (C) 56.1 s
3. R. A. E. Green (O) 57.1 s
4. G. A. Sharples (G) 58.1 s

3000 Metres Steeplechase.
1. J. O. C. Harte (C) 9 m 12.6 s
2. D. A. Evans (G) 9 m 18.6 s
3. J. H. Bryant (G) 9 m 22.0 s
4. A. F. Ashton (C) 9 m 29.0 s

High Jump.
1. R. G. Schouler (O) 6 ft 4 in
2. J. W. F. Andrews (G) 6 ft
3. S. Askin (C) 5 ft 10 in
4. F. J. Goyder (C) 5 ft 10 in

Pole Vault.
1. N. J. Newton (G) 13 ft 6 in
2. R. L. Mootley (G) 11 ft 9 in
3. R. C. Cernamovski (C) 11 ft 4 in
4. G. Rogers (O) 10 ft 6 in

Long Jump.
1. M. R. Bragg (G) 22 ft 7 in
2. D. J. Mosley (O) 22 ft 2 in
3. J. Smith (C) 22 ft 1 in
4. J. A. Alls (G) 21 ft 6 in

Triple Jump.
1. N. Green (O) 41 ft 7 in
2. J. N. Nash (G) 41 ft 11 in
3. D. J. Pritchard (C) 41 ft 10 in
4. R. Schofield (O) 41 ft 7 in

Shot Put.
1. S. D. Biddle (C) 51 ft 6 in
2. D. A. Robinson (G) 41 ft 4 in
3. S. Young (G) 38 ft 3 in
4. C. A. Wells (C) 41 ft 6 in

Discus.
1. D. A. Bunting (G) 268 ft 2 in
2. P. M. Bremson (C) 235 ft 6 in
3. R. L. Davies (O) 323 ft 10 in
4. R. W. O’Donnell (O) 337 ft 2 in

Javelin.
1. A. L. Heath (O) 216 ft 3 in
2. F. D. Brown (G) 213 ft 3 in
3. R. D. Wood (C) 187 ft 1 in
4. J. P. Stimpson (C) 162 ft 9 in

1st Oxford 81 points
2nd Cambridge 66 points

* Inter-Varsity match record
Having made the definitive decision to continue running track, my workouts all became more meaningful. Whereas the Princeton team motto had been, “If you’re running too fast to talk, you’re running too fast,” I adopted the European approach of doing my distance runs at close to 5 minutes per Mile pace. I also did some lonely but effective interval training on the Iffley Road now all-weather track. In my first track race that spring, I ran a 1500 meters against marathoner Steve Jones. I don’t recall the time, but I felt as if I had wings on my feet. The workouts and races that followed felt equally good, and I managed to win both the 800 and 1500 at the Oxford-Cambridge dual meet and recorded a PR 3:41 1500 in a small meet in France.

I was selected to run the 1500 for a combined Oxford-Cambridge team in a match against Penn and Cornell at Iffley Road. A week prior to the race, I read in the local paper that Sir Roger Bannister would attend the match to celebrate the retirement of the groundskeeper who had maintained the track when Bannister was an Oxford student in the late 1940s and early 1950s. I called the match organizer and suggested that since Sir Roger would be in attendance he should change the race distance to the Mile. He agreed.

The night before the race I went to dinner with some friends from the Penn team, including Chris Chataway and Chris Brasher who had run when setting the pace for Bannister – 57.5-2:01-3:03 – and let me go by after three laps.

The last lap was strange. Though there was a boisterous crowd in the small grandstand on the homestretch, there was no one on the far side of the track. As I ran down the backstretch it was eerily quiet and I was totally lost in thoughts of what breaking four would mean to me and my recollections of Bannister’s description of how he felt running down the same backstretch—thoughts about a lifetime of working toward a single goal and an overall feeling of calm and contentment. I literally chuckled to myself at the similarities between my thoughts and Bannister’s, some 24 years after his historic, still resonating run.

I don’t remember much about the last turn and the homestretch. The crowd was enthusiastic, I felt full of run, and I knew after finishing that I had to be close to 4 minutes. There was a lengthy pause as the three timekeepers compared their watches in order to come up with the official time, and then there was the announcement, “It has happened again!” I had become the first to break four at Iffley Road since Bannister, running a respectful 3:59.6 (#90 U.S. male sub-4), which meant that his track record of 3:59.4 would stand.

I was encouraged to join Bannister for a brief handshake on the infield, at which point he informed me that Sir Norman claimed to have been coaching me. The race was featured on the front page of the next day’s Oxford Mail. A few days later, I received a hand-written note of congratulations from Sir Roger, and an invitation to a graduation party for his elder daughter at his London home the following weekend. I accepted, noting that I would need to travel directly from the English Championships (AAA’s) at Crystal Palace to the party.

I ran a dumb race at the AAA’s, giving up my position towards the front of the pack around the last turn before charging from seventh to third in the last 100 meters, losing a close race to Dave Moorcroft. I changed into a suit and rushed to the Bannister home, where I was greeted by his 15-year-old daughter, “Oh, you’re the American chap. We just watched your race at Crystal Palace to the party.”

My thoughts and Bannister’s, some 24 years after his historic, still resonating run.

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The 1991 Achilles Tour to Hong Kong and Guangzhou

I was living and working in Japan at the time, so I flew to Hong Kong where I met the rest of the team (including Maddy, whom I married in 1993: we now have an 11 year old son whose middle name is Achilles). I hadn’t done any athletics training in Japan, but I had done karate which kept me reasonably fit. The match in Hong Kong was pretty much like any athletics match anywhere, but the dinner was in the somewhat unlikely surroundings of the Royal Hong Kong Police HQ.

The Canton match was more unusual: we took some local transport through winding medieval Chinese streets full of hawking peasants, to arrive at a deserted ultra-modern stadium.

My opponent in the hurdles was quite a bit taller than I was, contrary to the stereotype. I don’t remember how I placed in either race, but I certainly didn’t win the one in China. The Chinese hotel was a Communist-era one with an old woman sitting at a desk on each floor for ease of spying on the guests.

After the match Maddy & I took an overnight boat up the river, then an 8 hour bus ride, to arrive at Yangshou and we spent the next 2 weeks touring there, then Shanghai, then Beijing. It was a lot tougher travelling independently than it had been in the group! - Douglas Campbell

The tour was made possible by generous sponsorship from HSBC, arranged by Tommy Macpherson. It was further enhanced when Roberts Stinson, through his IAAF contacts, arranged a second fixture, in Guangzhou. A strong team, managed by Paul Willcox and Peter Crawshaw, and captained by Julian Goater, performed with credit. Claire Lavers set back to back Hong Kong All Comers Records over 1500m and 3000m (the latter by over 9 seconds) and a men’s 4 x 400 team of Martyn Bowen, Richard White, Bob Ryan (his 6th race of the day) and Chris Cholerton also set a new Record. For our present Chairman and OUAC coach Bridget Wheeler it was a chance for a last competitive hurrah in the sprints!

This was the 10k in the match against Hong Kong (Herries, Soutar, Thiemicke). I wasn’t officially a part of the tour, but was living in HK at the time and, for reasons known only to themselves, the HKAAA didn’t want me to run for HK, so Julian Goater volunteered me for the Achilles team. I didn’t make it to China as work got in the way! - Tim Soutar

The tour was huge fun, and a wonderful experience, The main recollections I have are of a spectacular setting for the track in Hong Kong, and a huge Olympic style stadium in China (with barely a handful of spectators.) I also remember a number of us visiting a market in China with all sorts of live animals, birds and fish for sale, which was a real eye opener for me.

- Lynne Whitaker
### 1991: Achilles performances on tour in Hong Kong and China included:

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<thead>
<tr>
<th>Distance</th>
<th>Runners</th>
<th>Times</th>
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<tbody>
<tr>
<td>100m</td>
<td>Emma Howard</td>
<td>12.82</td>
</tr>
<tr>
<td></td>
<td>Jill Priestley</td>
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<tr>
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<td>Bob Ryan</td>
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<td>Bob Ryan</td>
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<td></td>
<td>Maddy Higgins</td>
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<td>Bob Ryan</td>
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<td>Dominic Emery</td>
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<td>Martyn Bowen</td>
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<td>Stuart Nash</td>
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<td>Nilla Karlsson</td>
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<td>Lynn Davis</td>
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<td>1500m</td>
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<td>David Benton</td>
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<td>Chris Daniels</td>
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<td>Giles Clifford</td>
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<td>Claire Lavers</td>
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<td>Mike Powell</td>
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<td>Emma Westlake</td>
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<td>3000m</td>
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<td></td>
<td>Halcyon Wills</td>
<td>1.50</td>
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<td>JT</td>
<td>Anthony Hatton</td>
<td>61.10</td>
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<td></td>
<td>Dave Gardiner</td>
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<td>4 x 100</td>
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<td>Achilles men A</td>
<td>42.8</td>
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<td>Achilles men B</td>
<td>44.1</td>
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<td>4 x 400</td>
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<td>4:11.3</td>
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<td>Ryan, White, Bowen, Cholerton</td>
<td>3:16.2 record</td>
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**Injured:** Hazel Barker, Chris McGrady

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**Dwayne Heard remembers:**

- Business class flights!
- Landing at the old Kowloon airport, rather scary, high rises ABOVE us on each side.
- Animal market in Guangzhou, rather stomach turning! Animals of all sorts caged ready for human consumption.
- Beating Hong Kong, but I think losing easily to Guangdong province.
- Guangzhou Railway station: there were photos last year of the 100,000 people stuck there (owing to snow) - the crowds seemed similar when we were there.
According to the record CUAC swept home in the Men’s Blues Match by 113 to 94 points. The Women’s match appears to have been an extended multi-event exercise between Gill Smith and Sarah Bull for CUAC and Gill Suttle and Rona Slator for OUAC, obviously desperate measures to avoid freezing in SE London in early May: Marjorie Willey won both shot and discus.

CUAC won because they took every individual track event apart from the 5000m and Steeplechase – distance running not being very fashionable in Cambridge at the time. The Field was more even with OUAC taking 5 of the 8 throws/jumps.

CUAC’s star man on the day was Gordon Wood who triumphed in both sprints and the 400m Hurdles. ‘Nellie’ (ask him, it’s just too embarrassing) had also caned the opposition in 1975 and, therefore, deserved the award of the Drake Digby Trophy by his own admission. The big event of the day was the 400m where CUAC’s international, Brian Jones battled to a narrow win over Axel Salander, who would go on to represent West Germany in 400m Hurdles and who took the Long Jump as his warm-up for the big one.

The middle distance events were won by former England Schools three time winner Martin Wilson and former OUAC 1500m star Charlie Monk (well, 1400m jog and an impressive last 100m generally). I won both the short hurdles but no detail stirs my memory. The OUAC track victors – Warwick Ewers (5000m) and President Andy Etchells (3000m S/C) – both defied the weather to produce strong times in bad conditions (it was probably quite a nice day if you were a cross-country runner).

The field events were enlivened by OUAC’s Pete Edwards besting CUAC’s ultra-cool Harvard import Blayne Heckel in the Pole Vault with a pb of 4.20m, Blayne clearly not being too keen on the equivalent of vaulting through the Niagara Falls. Other hardy souls to produce wins of note were Adrian Brown (HJ) and John Slaney (TJ).

This was the last Varsity Match to be held in London with Iffley Road’s all-weather surface opening in 1977 and so probably marked the point where Oxbridge athletics took a more realistic view of its place in the sport’s calendar. This point was reinforced by the introduction the following year of synthetic stormproof shorts with rounded edges to replace the square cut pure cotton ones so favoured by Lord Burghley et al. between the wars.
In 2015, Cambridge won the ladies’ race by a wide margin and Oxford similarly the gentlemen’s. However, all the signs in the lead up to 2016 were that the gaps between the sides had closed, and so it proved to be.

In the 41st ladies’ race, Oxford had five of their young but promising team returning, including their top two from 12 months before in Sophia Saller (St. Catherine’s) and Bethanie Murray (Jesus). Conversely, Cambridge only had two returning, although they were Elizabeth Apsley (Pembroke), who had finished fourth, and race winner Emily Ruane (Magdalen). In addition, they were boosted by the arrival of a number of very promising freshers, including junior international Niama Bridson Hubbard (Magdalen).

After a fairly even start, the familiar shapes of the runners emerged onto the Memorial Playing Fields. Bridson Hubbard was having an excellent race and was just behind them as the runners emerged onto the Memorial Playing Fields. Bridson Hubbard was first the Light Blue runner in fourth. With newcomer Helen Record (Trinity) in sixth, it was clear that Oxford had risen to the occasion and were on their way to a first victory since 2011. Saller took the individual honours for the second time in 23:40. With captain Helene Greenwood (University) closing the team in ninth, Cambridge were down to five.

12th Gentlemen’s Race

1 Oliver Fox Robinson Cambridge 37:33:00
2 Luke Cotter St. Catherine’s Oxford 38:07:00
3 Bijan Mazaheri Emmanuel Cambridge 38:16:00
4 William Ryle-Hodges Magdalen Cambridge 38:22:00
5 Philip Crout St. Catherine’s Cambridge 38:24:00
6 Luuk Metselaar St. John’s Oxford 38:29:00
7 James Parkinson Jesus Oxford 38:48:00
8 Alexander Howard Christ Church Oxford 38:57:00
9 George Gathercole Gonville & Caius Cambridge 38:59:00
10 Eoghan Totten Hertford Oxford 39:05:00
11 David Wilson Jesus Cambridge 39:14:00
12 Daniel Mulryan Trinity Oxford 39:26:00
13 John Spill Jesus Oxford 39:47:00
14 Patrick Roddy* Robinson Cambridge 40:11:00
15 Miles Weatherseed Lady Margaret Hall Oxford 40:44:00
16 MacGregor Cox Robinson Cambridge 40:52:00

41st Ladies’ University Race

1 Sophia Saller St. Catherine’s Oxford 23:40
2 Bethanie Murray Jesus Oxford 23:43
3 Dani Chattenton Wadham Oxford 23:52
4 Elizabeth Apsley Pembroke Cambridge 24:05:00
5 Niama Bridson Hubbard Magdalen Cambridge 24:10:00
6 HelenRecord Trinity Oxford 24:14:00
7 Kate Curran* Corpus Christi Cambridge 25:03:00
8 Rebecca Frake Corpus Christi Cambridge 25:15:00
9 Helene Greenwood* University Cambridge 25:16:00
10 Emily Ruane Magdalen Cambridge 25:23:00
11 Hannah Plaschkes New College Oxford 25:34:00
12 Ruby Woofe Girton Cambridge 25:53:00
13 Hannah Morton St. Catherine’s Cambridge 26:05:00
14 Sarah McCuaig St. Hilda’s Oxford 27:55:00

25th Old Blues’ Race

1 Tom Frith Oxford 20:24
2 Lewis Lloyd Cambridge 20:29
3 Alf Tupper Cambridge 20:32
4 Kelvin Gomez Cambridge 20:40
5 James Hoad Cambridge 20:41
6 Josh Carr Cambridge 20:43
7 Matt Leach Cambridge 21:09
8 Ben Hope Cambridge 22:23
9 Dom Kiralyfi Oxford 22:38
10 James Chettle Cambridge 22:43
11 Andrew Leach Oxford 22:55
12 Matthew Jones Cambridge 23:13
13 Simon Molden Cambridge 23:17
14 Jack Evans Oxford 23:21
15 Richard Ollington Cambridge 23:33
16 David Kirk Oxford 23:41
17 Oliver Garner Cambridge 24:39:00
18 George Ramsay Cambridge 24:46:00
19 Will Bowens Cambridge 24:56:00
20 Ian Johnston Oxford 25:15:00
21 Andy Arbour Oxford 25:29:00
22 Polly Keen Cambridge 25:35:00
23 Emma Elston Cambridge 27:22:00
24 Chris Todd Oxford 27:40:00
25 Andy Robinson Oxford 27:48:00
26 Naomi Webber Oxford 28:05:00
27 Richard Griffiths Cambridge 28:57:00
28 Martin Green Cambridge 29:44:00
29 Andrew Hope Cambridge 31:19:00
30 Neil Mathur Cambridge 37:30:00

In 2016, the 25th Old Blues’ Race was won by Cambridge for only the second time in 11 years, by 114 points to 192 (scoring 14-a-side). Tom Frith (St. Anne’s) took the individual win in a speedy 20:24. Underlining the history of the Varsity Races, this year’s Old Blues’ Race boasted two sets of father-son combinations in Andrew and Ben Hope and Andy and Matt Leach.

- Simon Molden

As with the ladies’ race, the opening stages of the contest were very tight and even at the Windmill at just 1 mile, the result was still very much in doubt, although the Light Blues held a narrow advantage. However, in the last three miles, Fox pulled away at the front as a number of Oxford faces faded. With Mazaheri, Ryle-Hodges and Philip Crout (St. Catherine’s) splitting this Light Blue pack, by the time the leaders reached the Memorial Playing Fields the result was beyond doubt. Finishing very strongly, Fox took the individual honours in a time of 37:33, the second fastest time ever for this course, bettered only by Fraser Thompson’s 2003 effort in the December following the European heatwave with the course in an un-Commonly dry condition.

The Light Blues secured the team victory by 33 points to 45 to bring the series back level again, at 63 wins apiece. Finishing fourth, Will Ryle-Hodges made a piece of history by being on the winning side for the sixth time (in six races), thus surpassing Nick Brawn’s (Oriel) five wins between 1976 and 1980.

Earlier in the day, the 25th Old Blues’ Race was won by Cambridge for only the second time in 11 years, by 114 points to 192 (scoring 14-a-side). Tom Frith (St. Anne’s) took the individual win in a speedy 20:24. Underlining the history of the Varsity Races, this year’s Old Blues’ Race boasted two sets of father-son combinations in Andrew and Ben Hope and Andy and Matt Leach.
### FRESHERS VARSITY MATCH

#### 13th November 2016

**Iffley Road, Oxford (and Horspath)**

#### MEN

<table>
<thead>
<tr>
<th>Event</th>
<th>Oxford Participants</th>
<th>Cambridge Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>Harrison Steel (O) 11.4, Mojowo Odiase (C) 11.4, Donte Nembhard (C) 11.6, James Porter (O) 11.6</td>
<td></td>
</tr>
<tr>
<td>(guests)</td>
<td>Stephen Walsh (O) 11.7, Gabor Bakos (O) 12.1, Bryce Lim (C) 12.5, Derek Soled (O) 12.8</td>
<td></td>
</tr>
<tr>
<td>200m</td>
<td>Harrison Steel (O) 23.3, James Porter (O) 23.8, Mojowo Odiase (C) 23.8, Donte Nembhard (C) 23.9</td>
<td></td>
</tr>
<tr>
<td>(guests)</td>
<td>Stephen Walsh (O) 24.0</td>
<td></td>
</tr>
<tr>
<td>400m</td>
<td>Daniel Gregory (O) 50.8, Stephen Walsh (O) 51.2, Joshua Ingham (O) 52.0, Ciaran Flaherty (C) 52.3</td>
<td></td>
</tr>
<tr>
<td>800m</td>
<td>Nathan Inkester (O) 2:00.9, Billy Black (O) 2:03.2, Jacob Brockmann (C) 2:11.3, James Tufnell (C) 2:20.4</td>
<td></td>
</tr>
<tr>
<td>1500m</td>
<td>Alex Gruen (O) 4:19.5, Jacob Brockmann (C) 4:23.1, Matthew Harris (C) 4:23.4, Charles Sillett (O) 4:29.5</td>
<td></td>
</tr>
<tr>
<td>3000m</td>
<td>Per Wangel (C) 9:29.4, Lawrence Hollom (C) 9:40.4, Alex Toal (O) 9:57.5, Lorin Samija (O) 10:04.3</td>
<td></td>
</tr>
<tr>
<td>4 x 400m</td>
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<tr>
<td>4 x 100m</td>
<td></td>
<td></td>
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<tr>
<td>Long Jump</td>
<td>David Smith (O) 6.52, Jacob Taylor (O) 6.23, Mojowa Odiase (C) 6.23, James Cobb (O-guest) 6.45, Callum Court (C) 6.29</td>
<td></td>
</tr>
<tr>
<td>Triple Jump</td>
<td>Phillip Nash (O) 11.78, Callum Court (C) 11.26, Donte Nembhard (C) 11.23, James Cobb (O) 11.04, Josh Hathersall (O-guest) 10.99</td>
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<tr>
<td>Shot</td>
<td>Gabor Bakos (O-guest) 9.72, Santiago Rosas (O) 9.36, Wright (O) 8.92, Nathaniel West (C) 8.19, James Tufnell (C) 7.33</td>
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</tr>
<tr>
<td>Discus</td>
<td>Winston Wright (O) 27.22, Daniel Gregory (O) 26.87, Nathaniel West (C) 21.65, Mojowo Odiase (O) 20.58</td>
<td></td>
</tr>
<tr>
<td>Hammer (Horspath)</td>
<td>Nathaniel West (O) 26.83, Santiago Rosas (O) 19.92, Will Parrott (C) 19.34, Winston Wright (O) 12.97</td>
<td></td>
</tr>
<tr>
<td>Javelin</td>
<td>Will Parrott (C) 40.82, Daniel Gregory (O) 40.11, George Barton (C) 32.30, Winston Wright (O) 30.86</td>
<td></td>
</tr>
<tr>
<td>Pole Vault</td>
<td>Oxford (Walsh, Porter, Steel) 45.8, Cambridge (Whickham, Nembhard, Lim, Odiase) 46.3</td>
<td></td>
</tr>
<tr>
<td>4 x 100 m hurdles</td>
<td>Oxford (Ingham 51.9, Steel 51.9, Inkester 56.3, Bain 50.5) record 3:28.0, Cambridge (Day 60.9, Flaherty 58.1, Brockmann 56.2, Tufnell 58.9) 3:54.3</td>
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</tr>
<tr>
<td>4 x 400 m hurdles</td>
<td>Oxford (Ingham 51.9, Steel 51.9, Inkester 56.3, Bain 50.5) record 3:28.0, Cambridge (Day 60.9, Flaherty 58.1, Brockmann 56.2, Tufnell 58.9) 3:54.3</td>
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</tr>
</tbody>
</table>

#### Result

**Oxford 112, Cambridge 77**

#### WOMEN

<table>
<thead>
<tr>
<th>Event</th>
<th>Oxford Participants</th>
<th>Cambridge Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>Tiwa Adebayo (C) 12.9, Eleanor Duck (O) 13.2, Amrita Panesar (C) 13.4, Zoe Thrusz (O) 13.5</td>
<td></td>
</tr>
<tr>
<td>200m</td>
<td>Amrita Panesar (O) 28.0, Tiwa Adebayo (C) 28.4, Helen Pugh (O) 30.3, Tal Rosenbaum (O) 30.3</td>
<td></td>
</tr>
<tr>
<td>400m</td>
<td>Aileen Kearney (O) 60.5, Alexandra Burchill (C) 65.1, Katherine Peters (O) 69.5, Emma Gibbons (C) 72.8</td>
<td></td>
</tr>
<tr>
<td>800m</td>
<td>Aileen Kearney (O) 2:30.2, Georgia Billings (C) 2:33.3, Katherine Peters (O) 2:37.6, Jennifer Simpson (C) 2:44.1</td>
<td></td>
</tr>
<tr>
<td>1500m</td>
<td>Hannah Morton (C) 5:10.1, Anna Sharp (O) 5:15.7, Natalie Woods (O) 5:26.6, Emma Gibbons (C) 5:53.5</td>
<td></td>
</tr>
<tr>
<td>3000m</td>
<td>Georgia Bingham (O) 11:16.8, Amy Radford (C) 11:22.3, Natalie Woods (O) 11:37.7, Jennifer Simpson (C) 12:27.5</td>
<td></td>
</tr>
<tr>
<td>100m hurdles</td>
<td>Eleanor Duck (O) 17.6, Harriet Wigginton (O) 18.4, Marina Mayer (C) 20.7, Amrita Panesar (C) 20.9</td>
<td></td>
</tr>
<tr>
<td>400m hurdles</td>
<td>Kate Kennedy (O) 66.3, Gabor Bakos (O) 67.9, Sarah Moir (O) 68.5, Chris Tuttle (C) 68.7, Robin Wright (O) 68.8</td>
<td></td>
</tr>
<tr>
<td>High Jump (Horspath)</td>
<td>Teele Palumma (O) 17.6, Harriet Wigginton (O) 18.4, Marina Mayer (C) 20.7, Amrita Panesar (C) 20.9</td>
<td></td>
</tr>
<tr>
<td>Pole Vault</td>
<td>Chloe Billingham (C) 3.20 record, Melissa Lowe (O) 2.40, Madi Fairey (C) 2.40 (Harriett Wiggington (O) no height)</td>
<td></td>
</tr>
<tr>
<td>Long Jump</td>
<td>Teele Palumma (O) 4.83, Katya Marks (O) 4.67, Alexandra Burchill (C) 4.42, Steph Sinclair (C) 4.21, Annabelle xx (C-guest) 4.14, Anne-Marie Bowring (C-guest) 4.05</td>
<td></td>
</tr>
<tr>
<td>Triple Jump</td>
<td>Teele Palumma (O) 11.31, Katya Marks (O) 9.90, Chloe Billingham (C) 9.44, Madi Fairey (C) 8.20</td>
<td></td>
</tr>
<tr>
<td>Shot</td>
<td>Sydney Sopher (O) 10.08, Olivia Rowe (C) 7.66, Lucy Harris (C) 6.65, Harriet Horsfall (O) 6.20</td>
<td></td>
</tr>
<tr>
<td>Discus</td>
<td>Teele Palumma (O) 31.09, Sydney Sopher (O) 27.08, Harriet Horsfall (O) 21.07, Lucy Harris (C) 16.94, Olivia Rowe (C) 16.29</td>
<td></td>
</tr>
<tr>
<td>Hammer (Horspath)</td>
<td>Sydney Sopher (O) 27.50, Chloe Billingham (C) 25.68, Harriet Horsfall (O) 21.66, Olivia Rowe (C) 21.61</td>
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<tr>
<td>Javelin</td>
<td>Imogen Brown (O) 30.64, Shona McNab (O) 24.73, Chloe Billingham (C) 23.01, Coral Rays-Muchmore (C) 19.02</td>
<td></td>
</tr>
<tr>
<td>4 x 100 m</td>
<td>Cambridge (Adebayo, Panesar, Billingham, Walker) 55.3, Oxford (Duck, Thrusz, Rosenbaum, Pugh) 58.7</td>
<td></td>
</tr>
<tr>
<td>4 x 400 m</td>
<td>Oxford (Sharp, Wigginton, Peters, Kearney) 4:22.0, Cambridge (Burchill, Billings, Morton, Simpson) 4:35.3</td>
<td></td>
</tr>
</tbody>
</table>

#### Result

**Oxford 112, Cambridge 77**

*Achilles Athletes of the Match: Harrison Steel (O, sprints), Teele Palumma (O, jumps) and Chloe Billingham (C) pole vault*  
*C.J.R. Thorne*
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Ivor Davies 1936
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John Earp 1938
Peter Coggins 1939
Philip Martin 1938
Clement Ryan 1938
Bill Young 1938
Frank Finch 1941
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Robert Reynolds 1945
Jolyon Rymer 1945
John Seale 1945
Geoffrey Tudor 1945
John Newell Price 1947
David Powell 1947
Richard Broad 1948
Jean-Pierre Mattochias 1948
Bob Catterall 1949
Iain Crawford 1949
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Gareth Jones 1951
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Mike Ralph 1959
George Darroch 1960
Herb Elliott 1960
Michael Royce 1960
Peter Anderson 1961
Robin Inglis 1961
Geoff Bostock 1962
Martin Clark 1962
David George 1962
Andrew Keith 1962
Geoffrey Williams 1962
Dick Pyle 1962
Edwin Gale 1963
Michael Chapman 1963
Wendell Mottley 1964
Peter Aukse 1965
Christopher Webb 1965
Nigel Boulding 1967
Julian Ellis 1967
Pete Edwards 1973
John Morris 1973
Glyn Reynolds 1973
John Slaney 1974
Charles Aithie 1974
Julie Halfpenny 1974
Adam Cheburn 1973
Peter Alden 1973
Caroline Ball 1973
Kathleen Clair 1974
Corinne Cummings 1973
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Andy Geddes 1974
Kate Harper 1974
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Gareth Hughes 1974
Peter Laws 1975
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Chris McGrady 1976
Martin Rhodes 1976
Len Browne 1977
Nick Dorey 1977
Jonathan Stodley 1977
Kim Wells 1977
Nicholas Armstrong 1979
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Mark Jackson 1979
Jennifer Jolley 1979
Andy King 1979
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Wally Upton 1979
Marcus Darville 1980
Emma McBrien 1980
Ian McDonald 1980
Catherine Shelley 1980
Patrick Hannon 1980
Charles Hovenden 1980
Karen Marwick 1980
Lindon Neil 1980
David Taylor 1980
Paul Carleton 1981
Joe Coles 1981
Tim Cook 1981
Janet Corbett 1981
Tina Cowen 1981
Andrew Richardson 1981
Andrew Nesom 1982
Liz Boothroyd 1982
Marco Fasoli 1982
Pete Fulcher 1983
Pete Kanowski 1983
Sarah Rees 1983
Peter Alden 1984
Isleen Silverster 1984
David Smith 1984
Brian Williamson 1984
Richard Dawson 1984
Vaughan Clark 1985
Simon Briggs 1985
Rod Clayton 1985
Trevor Cobb 1985
Bob Cobb 1985
Helen Hoyle 1985
Anni Jellicoe 1985
Sarah Keir 1985
Emma McBrien 1985
Ian McDonald 1985
Catherine Shelley 1985
Wole Soboyejo 1985
Graeme Ackland 1986
Bob Ryan 1986
Rowan Smith 1986
David Steward 1986
James Street 1986
Andy Thompson 1986
Linda Whiteford 1986
Jeremy Lai 1986
Timm Wright 1986
Jenny James 1986
Robin Bondoli 1986
Julian Taylor 1987
James Addison 1987
Scott Bryan 1987
Simon Firth 1987
Dawn Fletcher 1987
Jodie Forbes 1987
Mairi Maclean 1987
Mark McClelont 1987
Rachel Osman 1987
Michael Risman 1987
Andrei Skates 1987
Lenny Taylor 1987
Jude Moseley 1987
John Stott 1987
Alan Alston 1987
Ian McAllister 1988
David Wright 1988
Helen Bushell 1988
Bill Fairley 1988
Kate Houston 1988
Tony Liverpool 1988
Graham Williams 1988
Paul Wilson 1988
Katie Wraight 1988
Julia Church 1988
Andrews Fox 1993
Carolyn May 1993
Sue Hodgkinson 1994
Alan MacPherson 1994
Dani Martin 1994
James Reynolds 1994
Brett Williams 1994
Craig Shepherd 1994
Sarah Dillon 1995
Andy Carnall 1995
Alan Dunwoodie 1995
Ming Wallis 1995
Anna Warren 1995
Alex Wreth 1996
Samantha George 1996
Alastair Burgess 1997
Ben Dunnett 1997
Fenell Aurora 1998
Sheree Halliwell 1998
Mark Hypolite 1998
Karen Noonan 1998
Alastair Burgess 1999
Ben Clare 1999
Siobhan Dennehy 2000
Ed Green 2000
Mark Hypolite 2000
Colin Hughes 2000
Sarah Wilson 2000
Aki Abiola 2001
Bayo Biobaku 2001
Chandra Kapande 2001
Simon Samuels 2001
Nasir Miller 2002
Hugh Watson 2002
Stuart Forbes 2003
Rota Stone 2003
Sarah Fielding Smith 2005
Alison Crocker 2006
Paul Kirsch 2006
Guis Mercier 2008
Vartan Shadarevian 2010
Riyadh Bhyati 2011